



# ESSEX COUNTY ATHLETIC ASSOCIATION

Incorporating: Essex CAAA Formed 1883 & Essex CWAAA Formed 1947

WEB: <http://www.essexathletics.org.uk/>

EMAIL: [essexaa@btinternet.com](mailto:essexaa@btinternet.com)

23 May 2011

Dear Friend

## **DAY 6 COUNTY CHAMPIONSHIPS – BRAINTREE – FRIDAY 15 JULY 2011**

Attached is the application forms for Day 6 of the County Championships together with some notes. This is the last day of the 2011 County Championships. Details will also be on the County web site in the next few days. Can you also remind competitors to look at the web site for any further information.

It is important that the application forms are returned by the closing date as late applications will not be accepted. In addition competitors must send in the correct fee of **£5.00 for the SM 3000m and £10.00 per team for the relays** together with a stamped address envelope. **PLEASE NOTE** that the maximum size of the envelope to be used is A5 as larger envelopes will incur additional postage. It should also be noted that applications should not be sent in envelopes bigger than A5 unless the higher rate of postage has been paid. Please do not send by Recorded Delivery/Special Delivery as there is no guarantee they will be received by the closing date. It is sufficient to get a 'certificate of posting' which shows that you have posted the letter and will be accepted if there is any problem over receipt of the entry.

### **EMAIL ENTRIES WILL NOT BE ACCEPTED**

**APPLICATION FORMS** should be sent to, Championship Secretary, Essex AA, 5 Manwood Avenue, Canterbury Kent, CT2 7AE

Yours sincerely

*Kaye Merrywest*

Championship Secretary



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**DAY 6 OF THE COUNTY CHAMPIONSHIPS** are being held on **Friday 15th July 2011**

3000m Senior Men,  
4x100m Relay M.U17, B.U15, B.U13, W.U17, G.U15, G.U13.  
3x800m Relay B.U15, B.U13, W.U17, G.U15, G.U13.  
4x400m Relay M.U17  
Medley Relay (2 x 200m, 1 x 400m 1x 800m) B.U15, M.U17, G.U15, W.U17

The closing date for entries is **THURSDAY 30<sup>TH</sup> JUNE 2011**. **LATE ENTRIES WILL NOT BE ACCEPTED.**

For **INDIVIDUAL** entries the form should be completed in full and sent together with the appropriate remittance of **£5 per event except for the 5 entries already received.** There must also be enclosed a stamped A5 size envelope so that an acknowledgement of the entry can be sent out. (Please note the revised Post Office regulations, which mean that larger envelopes will incur additional postage).

For **RELAY** entries, a separate form is provided, which should be completed by the team manager for the club/school and sent with the **fee of £10 per team** plus a stamped addressed envelope. Confirmation together with the timetable of events will be sent within 7 days of the closing date.

The team manager should note the time that the declarations have to be made on 15 JUNE 2011

It should also be noted that applications should not be sent in envelopes bigger than A5 unless the higher rate of postage has been paid. There is also a possibility of a delay in applications arriving if sent by anything other than ordinary mail (you can get a 'certificate of posting').

A copy of the UK Athletics policy on 'Use of Photographic and Video Images of children/young persons under the age of 18 can be obtained from the Championship Secretary.

**APPLICATION FORMS** should be sent to, **Championship Secretary, Essex AA, 5 Manwood Avenue, Canterbury, Kent, CT2 7AE**

**EMAIL ENTRIES WILL NOT BE ACCEPTED.**

**DETAILS OF THE VENUE** are on the Braintree & District A C. Web site

If you have any **PROBLEMS**, then you should contact the club secretary, who will be able to contact the championship secretary.



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UNDER UKA RULES

Name (Block Capitals)..... Male

Address.....

.....

Post Code.....

Email Address.....

Telephone No. ....

Club .....

Licence Number.....

Date of Birth.....

Senior Men

Fully completed FORMS TO BE SENT TO: Championship Secretary, Essex AA, 5 Manwood Avenue, Canterbury, Kent CT2 7AE by the Thursday 30 June 2011. Late entries will **NOT** be accepted.

**NO EMAIL ENTRIES, RECORDED DELIVERY OR SPECIAL DELIVERY (See Letter)**

Day	Event	Best time in last year	(official use)
15 July 2011	Senior Men 3000m		

**(TICK AS APPROPRIATE)**  I was born in Essex **OR**  I have lived in Essex since \_\_\_\_\_

**OR**  I am eligible under UK Athletics rules and please state how  
\_\_\_\_\_

I enclose a cheque/postal order (made payable to Essex AA) for £5 being the entrance fee together with an A5 size stamped addressed envelope. (Please write name and address on reverse of cheque)

I declare that I am an amateur qualified to compete under the laws of **UK Athletics**

Signed..... Date.....

Athlete – **HAVE YOU ENCLOSED A PREPAID ENVELOPE?**

You will receive confirmation of the entry by 8 July 2011 provided that you have sent a stamped address envelope. You should check the details and advise of any mistakes **immediately**.

Official Use	Date Recd.....	Amount Recd £....	SAE enc.....	Reply Sent.....
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