

**Eastern Young Athletes League Results****Match held at**

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**On**

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Club	Ipswich	CONAC	Benfleet Jun.	Colchester H	Braintree	Colchester & T	Peterborough	Wasted Points
Club Letters	K	G	B	Y	A	O	Z	
Scores - Boys Under 13	104.5	110	38	55.5	45	81	86	68
Scores - Boys Under 15	103	82	18	106	52	96	0	243
Scores - Men Under 17	164	71	30	64	55	27	3	342
Scores - Girls Under 13	98.5	72	25	58	92.5	54	116	72
Scores - Girls Under 15	147	133	35	86	39	37	131	92
Scores - Women Under 17	134	118	74	53	15	12	36	314
Total club points score	751	586	220	422.5	298.5	307	372	1131
Match Positions	1	2	7	3	6	5	4	

**Total points (4088)****4088**

Scored by.....

Checked by.....

**RESULTS PROCEDURE (to avoid overloading Power of 10 with corrections)**

Immediately after the match send the overall match score to Ray Gibbins – tel. 0208 373 1957, or e-mail raygibbins1@hotmail.co.uk and all visiting clubs

By Tuesday evening following the match, e-mail out the checked and complete “provisional” results spreadsheet, inc all non-scorers, to the visiting clubs for feedback (do not send it to Power of 10 at this stage).

Visiting clubs should feedback any errors/name changes to the host club, by Thursday evening.

On Friday morning, the host club should then e-mail the final corrected results Excel spreadsheet to Power of 10 (not a pdf), the league Sec, and all visiting clubs.

Also send a hard copy of the complete score sheet, inc. non-scorers, plus all team declarations to the Fixtures Secretary – Mr R Gibbins, 6 Hoecroft Court, Hoe Lane, Enfield, Middlesex, EN3 5SJ

Any changes not notified in time must be then be notified directly to Power of 10 by the club concerned, but only if they are of importance for statistical purposes.

Power of 10 can automatically up-load the data from this spreadsheet in Excel format including non-scorers and will pass results to Athletics weekly

Under no circumstances should Power of 10 be asked to up-load a complete revised spread-sheet when they have already uploaded the initial spread-sheet

– their automated system cannot do that.

**EASTERN YOUNG ATHLETES LEAGUE UNDER 13 GIRLS**

100m A string			100m B string		
		W/S=			W/S=
Joy Ogunleye	Colchester & T	13.6	CHRISTY FRASER	Ipswich	14.4
GEORGIA HARROLD	Ipswich	14.5	Sophie Clinch	Colchester & T	14.7
Yasmin Cowley	Braintree	14.6	Milly Watling	Peterborough	15.1
Kelsie Ellis	Peterborough	15.0	Hannah Smith	Braintree	15.4
Kira Wealls	Colchester H	15.4	Savannah Harrison	Colchester H	15.9
Caitlin Fowler	Benfleet Jun.	17.4			
		0.0			

200m A string			200m B string		
		W/S=			W/S=
Joy Ogunleye	Colchester & T	29.1	GEORGIA HARROLD	Ipswich	30.6
Yasmin Cowley	Braintree	29.9	Sophie Clinch	Colchester & T	31.0
CHRISTY FRASER	Ipswich	29.9	Megan Courtney	Colchester H	31.9
Kelsie Ellis	Peterborough	30.9	Georgie Ives Lippin	Peterborough	32.7
Chloe Quantrill	CONAC	31.4	Katie Goldsmith	CONAC	32.8
Kira Wealls	Colchester H	32.2	Chloe May	Braintree	33.7
Caitlin Fowler	Benfleet Jun.	33.9			

800m A String			800m B String		
Katie Goldsmith	CONAC	2:36.0	Anna Warrington	Peterborough	2:45.5
Kiera Hornsby	Braintree	2:39.8	Sophie Peach	CONAC	2:49.6
Katie Porter	Peterborough	2:40.4	Xanthe Davis	Braintree	3:07.7
Lily Waterson	Colchester H	2:54.7	Lily Waterson	Colchester H	3:12.5
NIAMH HEDGES- QUINN	Ipswich	2:55.5	HANNAH GRUBB	Ipswich	3:14.3
Ellie Calvert	Benfleet Jun.	3:06.7			0

1500m A String			1500m B String		
Courtney Gordon	Braintree	5:26.6	Josephine Fortune	Peterborough	5:50.7
Amber Park	Peterborough	5:36.7	Beth Coiley	Colchester H	6:27.3
Tallulah Lebon	CONAC	5:52.8			
Katie Rice	Colchester H	6:07.2			

70m Hurdles A String			70m Hurdles B String		
		W/S=			W/S=
Ellie Forrest	Peterborough	12.6	Milly Watling	Peterborough	13.3
Chloe Quantrill	CONAC	12.8	Katie Daniels	CONAC	14.0
Abena Oteng	Benfleet Jun.	13.5	Lauren Strutt	Colchester H	15.1
Melissa Gurteen	Braintree	14.0	MADDIE VENN	Ipswich	15.4
LAUREN FLUDE	Ipswich	14.4	Kiera Hornsby	Braintree	16.4
Ellie-Jade Clark	Colchester & T	15.0	Elise Ferris	Colchester & T	17.9
Megan Courtney	Colchester H	15.2			

4 x 100 relay		
Ipswich	Ipswich	58.1
Braintree	Braintree	58.2
Peterborough	Peterborough	59.4
Colchester H	Colchester H	59.9
Colchester & T	Colchester & T	61.5
CONAC	CONAC	61.7

Highjump A String			Highjump B String		
Ellie Forrest	Peterborough	1.41	Anna Warrington	Peterborough	1.20
Chloe Quantrill	CONAC	1.30	JESSIE DEBENHAM	Ipswich	1.10
Courtney Gordon	Braintree	1.15	.	.	.
NIAMH HEDGES- QUINN	Ipswich	1.15	.	.	.
Lauren Strutt	Colchester H	1.10	.	.	.
Elise Ferris	Colchester & T	1.00	.	.	.
Longjump A String			Longjump B String		
Katie Daniels	CONAC	3.92	Ella Greenwood	Peterborough	3.66
Sophie Clinch	Colchester & T	3.87	Hannah Smith	Braintree	3.51
Ellie Forrest	Peterborough	3.84	Sophie Peach	CONAC	3.43
Courtney Gordon	Braintree	3.59	Joy Ogunleye	Colchester & T	3.20
Abena Oteng	Benfleet Jun.	3.08	Caitlin Fowler	Benfleet Jun.	3.06
MEGAN HUGHES	Ipswich	3.08	Kira Wealls	Colchester H	2.88
Lauren Strutt	Colchester H	3.00	.	.	.
Shot A String			Shot B String		
GEMMA RAMSEY	Ipswich	8.45	Kelsie Ellis	Peterborough	6.30
Milly Watling	Peterborough	6.45	JESSIE DEBENHAM	Ipswich	5.47
Ellie-Jade Clark	Colchester & T	5.60	Emily Holloway	Braintree	5.09
Abena Oteng	Benfleet Jun.	5.47	Elise Ferris	Colchester & T	3.45
Chloe May	Braintree	5.19	.	.	.
Beth Coiley	Colchester H	5.18	.	.	.
Katie Goldsmith	CONAC	4.64	.	.	.
Discus A String			Discus B String		
GEMMA RAMSEY	Ipswich	20.43	JESSIE DEBENHAM	Ipswich	14.17
Daisy Partridge	Braintree	16.73	Emily Holloway	Braintree	11.16
Ellie Calvert	Benfleet Jun.	11.12	Josephine Fortune	Peterborough	10.82
Anna Warrington	Peterborough	10.94	.	.	.
Tallulah Lebon	CONAC	10.27	.	.	.
Lily Waterson	Colchester H	6.49	.	.	.
Javelin A String			Javelin B String		
GEMMA RAMSEY	Ipswich	23.41	MEGAN HUGHES	Ipswich	20.20
Sophie Peach	CONAC	15.77	Katie Daniels	CONAC	12.93
Kiera Hornsby	Braintree	12.07	Eleanor Mae Thorn	Braintree	9.23
Georgie Ives Lippin	Peterborough	9.24	Katie Rice	Colchester H	7.59
Lily Waterson	Colchester H	8.97	Ella Greenwood	Peterborough	6.51

**EASTERN YOUNG ATHLETES LEAGUE UNDER 15 GIRLS**

100m A string	W/S=	.	100m B string	W/S=	.
Caitlyn Orielly	Colchester H	13.3	Rebecca Jeggo	Colchester H	13.4
Emily Mace	CONAC	13.3	LERMAE YOUNGS	Ipswich	13.5
Holly Brown	Peterborough	13.8	Maddie Stubbs	CONAC	13.9
Alexandra Leslie	Colchester & T	13.9	Megan Sims	Peterborough	14.0
CHLOE GODBOLD	Ipswich	14.0	Olivia Banks	Braintree	14.3
Amber Chidleigh	Braintree	14.1	Annie Brown	Benfleet Jun.	15.4
Chloe Gough	Benfleet Jun.	15.7			
200m A string	W/S=	.	200m B string	W/S=	.
Emily Mace	CONAC	24.7	LERMAE YOUNGS	Ipswich	28.3
Megan Sims	Peterborough	27.8	Rebecca Jeggo	Colchester H	28.8
LAUREN GRUBB	Ipswich	27.9	Maddie Stubbs	CONAC	29.3
Caitlyn Orielly	Colchester H	28.3	Serena Korkmaz	Peterborough	29.3
Alexandra Leslie	Colchester & T	28.6	Olivia Banks	Braintree	30.5
Amber Chidleigh	Braintree	29.4			
300m A String			300m B String		
Casey Hilliam	Peterborough	43.7	Megan Porter	Peterborough	45.8
CHLOE GODBOLD	Ipswich	45.0	Lauren Stansbury	CONAC	46.9
Izzy Chrysafi	CONAC	45.8	EMMA NICHOLS	Ipswich	47.7
Eliza Ridley - Johnson	Colchester H	46.4	Lydia Callan	Colchester & T	48.7
Georgina Sturgeon	Colchester & T	46.6	Megan Potter	Colchester H	50.8
Jessica Breavington	Benfleet Jun.	53.2			
800m A String			800m B String		
Georgina Sturgeon	Colchester & T	2:30.1	Lydia Callan	Colchester & T	2:45.1
DANIELLA GIUSTI	Ipswich	2:31.4	Maddy Parle	CONAC	2:46.2
Charlie Hudson Madge	CONAC	2:34.3	Paige Nealon	Peterborough	2:48.3
Amy Gore	Peterborough	2:45.0	Natasha Males	Ipswich	2:51.9
Megan Potter	Colchester H	2:53.8			
1500m A String			1500m B String		
Amy Clarke	CONAC	5:06.8	Freya Biles	CONAC	5:36.6
Megan Robinson	Benfleet Jun.	5:29.2	Annie Brown	Benfleet Jun.	5:40.9
Megan Sifford	Colchester H	5:35.0	Katie Millar	Colchester H	5:47.5
Bethany Goymour	Peterborough	5:35.8	FREYA EMERICK	Ipswich	6:09.0
LELLA RALPH	Ipswich	5:52.3			
75m Hurdles A String	W/S=	.	75m Hurdles B String	W/S=	.
ISABELLA BLOWERS	Ipswich	12.2	MIRI BUDD	Ipswich	12.8
Megan Sims	Peterborough	12.6	Jamelia Smith	Peterborough	13.5
Lauren Bradfield	CONAC	13.5	Sienna Sexton	CONAC	14.0
	Benfleet Jun.	16.5	Jessica Breavington	Benfleet Jun.	17.0
4 x 100 relay					
CONAC	CONAC	53.5			
Colchester H	Colchester H	53.5			
Ipswich	Ipswich	54.1			
Peterborough	Peterborough	54.6			
Benfleet Jun.	Benfleet Jun.	61.7			
Braintree	Braintree	66.2			

Polevault A String					
Holly Brown	Peterborough	2.80	.	.	.
ISABELLA BLOWERS	Ipswich	2.20	.	.	.
Hayley Chalcraft	CONAC	2.10	.	.	.
.					
Highjump A String					
Sienna Sexton	CONAC	1.50	.	.	.
LAUREN GRUBB	Ipswich	1.50	.	.	.
Casey Hilliam	Peterborough	1.35	.	.	.
Zoe thompson	Colchester H	1.25	.	.	.
.					
Highjump B String					
Megan Porter	Peterborough	1.35	.	.	.
FREYA EMERICK	Ipswich	1.30	.	.	.
Lauren Bradfield	CONAC	1.25	.	.	.
Rebecca Jeggo	Colchester H	1.10	.	.	.
.					
Longjump A String					
MIRI BUDD	Ipswich	4.78	.	.	.
Holly Brown	Peterborough	4.36	.	.	.
Sophie Bishop	CONAC	4.34	.	.	.
Georgina Sturgeon	Colchester & T	4.00	.	.	.
Courtney Bland	Colchester H	4.00	.	.	.
Chloe Gough	Benfleet Jun.	3.39	.	.	.
.					
Longjump B String					
CHLOE GODBOLD	Ipswich	4.38	.	.	.
Megan Porter	Peterborough	4.05	.	.	.
Lydia Callan	Colchester & T	3.79	.	.	.
Freya Biles	CONAC	3.72	.	.	.
Sophie Rice	Colchester H	3.70	.	.	.
Jessica Breavington	Benfleet Jun.	3.16	.	.	.
.					
Shot A String					
LANA FULCHER	Ipswich	8.82	.	.	.
Maddie Stubbs	CONAC	7.87	.	.	.
Alex Pullan	Peterborough	6.19	.	.	.
Madi Fribbens	Braintree	5.92	.	.	.
Jessica Breavington	Benfleet Jun.	5.55	.	.	.
Yasmin Othman	Colchester H	5.36	.	.	.
.					
Shot B String					
ELLA HUGHES	Ipswich	6.76	.	.	.
Emilie Morris	Peterborough	6.11	.	.	.
Lauren Stansbury	CONAC	5.43	.	.	.
Abigail Williams	Braintree	4.79	.	.	.
.					
Discus A String					
LANA FULCHER	Ipswich	25.14	.	.	.
Yasmin Othman	Colchester H	16.03	.	.	.
Madi Fribbens	Braintree	15.76	.	.	.
Sienna Sexton	CONAC	13.00	.	.	.
Paige Nealon	Peterborough	12.34	.	.	.
.					
Discus B String					
EMMA NICHOLS	Ipswich	23.53	.	.	.
Abigail Williams	Braintree	12.21	.	.	.
Serena Korkmaz	Peterborough	10.49	.	.	.
Lauren Bradfield	CONAC	10.28	.	.	.
Courtney Bland	Colchester H	9.62	.	.	.
.					
Hammer A String					
LANA FULCHER	Ipswich	40.55	.	.	.
Amy Gore	Peterborough	15.98	.	.	.
Madi Fribbens	Braintree	13.95	.	.	.
Izzy Chrysafi	CONAC	5.47	.	.	.
.					
Javelin A String					
ISABELLA BLOWERS	Ipswich	23.55	.	.	.
Amy Gore	Peterborough	22.38	.	.	.
Yasmin Othman	Colchester H	16.52	.	.	.
Lauren Stansbury	CONAC	14.69	.	.	.
Abigail Williams	Braintree	14.03	.	.	.
.					
Javelin B String					
Casey Hilliam	Peterborough	16.01	.	.	.
Abbie Read	Colchester H	15.83	.	.	.
EMMA NICHOLS	Ipswich	15.23	.	.	.
Freya Biles	CONAC	13.27	.	.	.
.					

**EASTERN YOUNG ATHLETES LEAGUE UNDER 17 WOMEN**

100m A string			W/S=	.	100m B string			W/S=	.
Lauren Johnson	CONAC	12.6			CHANTELLE KILPATRICK	Ipswich	13.0		
CHLOE STOPHER	Ipswich	13.1			Abigail Vergette	Peterborough	14.0		
Ella De Lucis	Peterborough	13.1			Jessica Doncaster	CONAC	14.1		
Imogen Woodward	Colchester & T	14.1			Gianina Mesina	Braintree	15.3		
Rhiannon Howard	Braintree	14.6							
Chloe Ling	Benfleet Jun.	14.8							
200m A string			W/S=	.	200m B string			W/S=	.
CHLOE STOPHER	Ipswich	27.5			CHANTELLE KILPATRICK	Ipswich	27.5		
Harriet Searjeant	CONAC	28.4			Katie Clarke	CONAC	27.9		
Abigail Vergette	Peterborough	29.2			Maddy Goward	Benfleet Jun.	30.3		
Imogen Woodward	Colchester & T	30.0							
Chloe Ling	Benfleet Jun.	31.2							
Gianina Mesina	Braintree	31.8							
300m A String					300m B String				
Lauren Johnson	CONAC	42.8			Harriet Searjeant	CONAC	45.8		
Megan Hunter-Powell	Peterborough	45.5			RACHEL RYAN	Ipswich	46.5		
KJ Watts	Colchester H	46.0			Abbi-May Walters	Benfleet Jun.	46.9		
Victoria Hiscock	Benfleet Jun.	46.5					49.8		
LAUREN RAMSEY	Ipswich	48.1							
800m A String					800m B String				
KJ Watts	Colchester H	2:20.4			Abbi-May Walters	Benfleet Jun.	2:32.2		
Victoria Hiscock	Benfleet Jun.	2:23.9			Holly Pitcher	Colchester H	3:06.1		
Alice Cheverton	CONAC	2:39.9							
1500m A String					1500m B String				
Chloe Ling	Benfleet Jun.	5:33.5			Emily Condon	Benfleet Jun.	5:58.9		
Victoria Ramsdale	Colchester H	5:38.2			LAUREN RAMSEY	Ipswich	5:59.6		
GRETA SUPINAITE	Ipswich	5:55.3							
80m Hurdles A String			W/S=	.	80m Hurdles B String			W/S=	.
Ella De Lucis	Peterborough	12.0			Megan Hunter-Powell	Peterborough	13.6		
Jessica Doncaster	CONAC	12.8			Grace Ashworth	CONAC	14.1		
4 x 100 relay									
Ipswich	Ipswich	54.6							
CONAC	CONAC	55.4							
Benfleet Jun.	Benfleet Jun.	57.1							

Polevault A String					
SOPHIE GODBOLD	Ipswich		1.70		
Highjump A String				Highjump B String	
Victoria Hiscock	Benfleet Jun.		1.40		
Katie Clark	CONAC		1.40		
LAUREN RAMSEY	Ipswich		1.15		
Longjump A String				Longjump B String	
CHANTELLE KILPATRICK	Ipswich		4.77	Lucy Calver	Ipswich 3.61
Rhiannon Howard	Braintree		4.59	Grace Ashworth	CONAC 2.70
Maddy Goward	Benfleet Jun.		4.09		
Imogen Woodward	Colchester & T		4.05		
Holly Pitcher	Colchester H		3.78		
Alice Cheverton	CONAC		3.76		
Triplejump A String				Triplejump B String	
RACHEL RYAN	Ipswich		10.41	SOPHIE GODBOLD	Ipswich 7.73
Megan Wilson	CONAC		8.67		
Emily Condon	Benfleet Jun.		7.50		
Shot A String				Shot B String	
Grace Ashworth	CONAC		7.20	Megan Wilson	CONAC 6.05
RACHEL RYAN	Ipswich		6.93	JASMINE MALLETT	Ipswich 3.77
Discus A String				Discus B String	
Kathryn Hart	Colchester H		26.27	SOPHIE GODBOLD	Ipswich 7.58
Maddy Goward	Benfleet Jun.		16.33		
Alice Cheverton	CONAC		12.48		
JASMINE MALLETT	Ipswich		9.28		
Hammer A String					
Kathryn Hart	Colchester H		16.34		
Harriet Searjeant	CONAC		6.92		
GRETA SUPINAITE	Ipswich		5.80		
Javelin A String				Javelin B String	
GRETA SUPINAITE	Ipswich		23.07	Holly Picher	Colchester H 14.72
Jessica Doncaster	CONAC		22.12	Megan Wilson	CONAC 12.02
Kathryn Hart	Colchester H		16.69	JASMINE MALLETT	Ipswich 10.51

**EASTERN YOUNG ATHLETES LEAGUE UNDER 13 BOYS**

100m A string			100m B string		
	W/S=	.		W/S=	.
James McKillop	CONAC	14.0	Ola Karim	Peterborough	14.2
Jacob Wilson	Colchester & T	14.2	ELLIOTT FORD	Colchester H	14.4
Max Liindley	Peterborough	14.3	Tyler Bunden	CONAC	14.7
Matthew Snowdon	Ipswich	14.6	Ben Wheeler	Colchester & T	14.7
RICO NEVARD	Colchester H	15.3	Nicholas Males	Ipswich	15.1
Adam Pleasance	Braintree	16.7	Joshua Posse	Braintree	15.4
			Elliott Ward	Benfleet Jun.	15.9
200m A string			200m B string		
	W/S=	.		W/S=	0.0
ELLIOTT FORD	Colchester H	29.6	Oliver Eves	Colchester & T	30.2
James McKillop	CONAC	29.8	Marcus Green	Ipswich	30.8
George Ward	Benfleet Jun.	30.5	Tyler Bunden	CONAC	31.3
Lewis Willmott	Colchester & T	30.7	RICO NEVARD	Colchester H	32.2
Ryan Olbromki	Peterborough	31.2	Ola Karim	Peterborough	32.6
Alexander Hartfield	Ipswich	32.4	Elliott Ward	Benfleet Jun.	33.5
Callum Cahill	Braintree	36.9	Samuel Donnelly	Braintree	33.6
800m A String			800m B String		
Oliver Eves	Colchester & T	2:33.2	Joshua Downes	Braintree	2:31.4
Alexander Hartfield	Ipswich	2:42.7	George Barson	Benfleet Jun.	2:39.1
Ben McCann	Peterborough	2:48.5	Lewis Willmott	Colchester & T	2:43.1
Harry Sampson	Benfleet Jun.	2:50.9	DANNY MILLWARD	Colchester H	2:50.4
Luke Eve	Braintree	3:00.2	Thomas Hayden	Ipswich	2:54.8
Charlie Green	CONAC	3:01.3	Edward Horton	CONAC	3:01.3
CAMERON GENTLE	Colchester H	3:03.8			.
1500m A String			1500m B String		
Matthew Snowdon	Ipswich	4:57.7	Ben Roberts	Peterborough	5:18.7
Will Gore	Peterborough	5:05.7	Ewan Baxter	Ipswich	5:26.5
Matthew Horton	CONAC	5:14.8	Harry Lake	CONAC	6:27.6
William Wheeler	Benfleet Jun.	5:50.8			.
		.			.
		.			.
		.			.
		.			.
75m Hurdles A String			75m Hurdles B String		
	W/S=	.		W/S=	.
Ola Karim	Peterborough	13.9	Dani Long Martinez	CONAC	16.3
Jack Van Poortuliet	CONAC	15.3	Ryan Olbromki	Peterborough	16.3
Nicholas Males	Ipswich	15.6	Charlie Aldis	Ipswich	16.8
Ben Wheeler	Colchester & T	16.4	Luke Coutier	Colchester & T	20.7
CAMERON GENTLE	Colchester H	16.8			.
Thomas McInerny	Braintree	17.6			.
		.			.
4 x 100 relay					
CONAC	CONAC	56.4			
Colchester & T	Colchester & T	57.5			
Peterborough	Peterborough	58.2			
Ipswich	Ipswich	60.5			
Colchester H	Colchester H	60.5			
Braintree	Braintree	64.8			



## Highjump A String

Will Gore	Peterborough	1.42
ELLIOTT FORD	Colchester H	1.30
George Barson	Benfleet Jun.	1.30
Charlie Aldis	Ipswich	1.25
Matthew Horton	CONAC	1.15

## Highjump B String

Max Liindley	Peterborough	1.40
James Allard	Ipswich	1.15
Edward Horton	CONAC	1.05

## Longjump A String

Jacob Wilson	Colchester & T	4.68
Will Gore	Peterborough	4.38
James McKillop	CONAC	4.36
Matthew Snowdon	Ipswich	4.21
RICO NEVARD	Colchester H	3.59
William Wheeler	Benfleet Jun.	3.58
Adam Pleasance	Braintree	2.95

## Longjump B String

Oliver Eves	Colchester & T	4.14
Kieron Sadler	Ipswich	4.14
Tyler Bunden	CONAC	3.82
Max Lindley	Peterborough	3.60
Harry Sampson	Benfleet Jun.	3.42
Joshua Posse	Braintree	2.78

## Shot A String

Kieron Sadler	Ipswich	7.99
Lewis Willmott	Colchester & T	6.03
Joshua Mesina	Braintree	4.27
Charlie Green	CONAC	3.00
William Wheeler	Benfleet Jun.	3.73

## Shot B String

Luke Coutier	Colchester & T	5.91
Franco Giusti	Ipswich	5.18
Callum Cahill	Braintree	3.90
Edward Horton	CONAC	3.88
Elliott Ward	Benfleet Jun.	2.86

## Discus A String

Jacob Wilson	Colchester & T	15.62
Harry Ketteringham	CONAC	14.31
FINN O'REILLY	Colchester H	12.78
Franco Giusti	Ipswich	11.13
Adam Pleasance	Braintree	9.80

## Discus B String

Harry Lake	CONAC	13.61
Ollie Hobbs	Braintree	7.66
Thomas Hayden	Ipswich	7.18

## Javelin A String

Harry Ketteringham	CONAC	29.12
Kieron Sadler	Ipswich	20.02
FINN O'REILLY	Colchester H	19.12
Ben McCann	Peterborough	15.36
Joshua Posse	Braintree	14.11

## Javelin B String

Harry Lake	CONAC	27.23
Alexander Hartfield	Ipswich	16.62
Cameron Gentle	Colchester H	15.94
Ben Roberts	Peterborough	9.95

**EASTERN YOUNG ATHLETES LEAGUE UNDER 15 BOYS**

100m A string			100m B string		
		W/S=			W/S=
Emmanuel Ogunleye	Colchester & T	11.9	Dyson Langillier	Colchester & T	12.4
Ashley Cooper	CONAC	12.0	Conor Jeffreys	Ipswich	12.6
Joseph Ford	Ipswich	12.6	Kurt Field	Braintree	12.8
Harry Chew	Braintree	12.8	Sam Brown	CONAC	13.1
JAMES HODDELL	Colchester H	13.2	JAMES HODDELL	Colchester H	13.9
Rushwan Lewis	Benfleet Jun.	14.1			

200m A string			200m B string		
		W/S=			W/S=
Ashley Cooper	CONAC	24.0	Dyson Langillier	Colchester & T	25.5
Emmanuel Ogunleye	Colchester & T	24.1	Joseph Ford	Ipswich	25.6
Harry Chew	Braintree	25.8	Kurt Field	Braintree	25.8
Conor Jeffreys	Ipswich	26.1	Sam Brown	CONAC	26.9
CHARLIE DOBSON	Colchester H	27.8	JORDAN FESTER	Colchester H	29.4
Rushwan Lewis	Benfleet Jun.	28.6			

300m A String			300m B String		
JAKE YOUNG	Colchester H	41.3	TOM MOORE	Colchester H	42.4
Sam Brown	CONAC	42.6	Adam Ferguson	Colchester & T	45.6
Jake Greenleaf	Ipswich	42.7			
Max Williams	Colchester & T	43.8			

800m A String			800m B String		
Luke Spear	CONAC	2:13.3	TOM MOORE	Colchester H	2:24.6
Max Williams	Colchester & T	2:15.8	Lewis Chalcraft	CONAC	2:29.2
TOM MOORE	Colchester H	2:19.7			
Christopher Jones	Ipswich	2:22.2			

1500m A String			1500m B String		
Alex Baxter	Ipswich	4:41.1			
ADAM BAXTER	Colchester H	4:42.3			
Euan Chess	Colchester & T	4:51.8			
Conor Cullham	Braintree	4:52.7			
Zac Churn	Benfleet Jun.	5:08.2			

80m Hurdles A String			80m Hurdles B String		
		W/S=			W/S=
HARRY VARELA	Colchester H	14.3	HARRY VARELA	Colchester H	15.3
Lewis Chalcraft	CONAC	15.1			
Jamie Brooks	Ipswich	17.7			

4 x 100 relay		
CONAC	CONAC	51.3
Braintree	Braintree	53.6
Ipswich	Ipswich	54.0



# EASTERN YOUNG ATHLETES LEAGUE UNDER 17 MEN

100m A string			100m B string		
		W/S=			W/S=
George Johnson	Ipswich	11.7	Ragnar Callan	Colchester & T	12.5
BEN GALE	Colchester H	11.9	JOE WILKIN	Colchester H	12.6
Ben Matsuka-Williams	CONAC	12.2	Jordan Tye	CONAC	12.6
T Cunningham-Fahie	Colchester & T	12.3			.
Brandon Howell	Peterborough	12.6			.
Bertie Alabaster	Braintree	12.8			.
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200m A string			200m B string		
		W/S=			W/S=
George Johnson	Ipswich	23.4	JosephThompson	Ipswich	24.4
BEN GALE	Colchester H	24.1	CONNOR OLIVER	Colchester H	24.8
Ben Matsuka-Williams	CONAC	24.1	Jordan Tye	CONAC	25.8
Bertie Alabaster	Braintree	25.5			.
Ragnar Callan	Colchester & T	25.6			.
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400m A String			400m B String		
Christian Frost	Ipswich	52.2	Jason King	Ipswich	56.2
CONNOR OLIVER	Colchester H	54.0	Adam Davies	CONAC	66.6
Jamie Finch	CONAC	59.5			.
Justin Hall	Braintree	62.9			.
James Hiscock	Benfleet Jun.	68.5			.
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800m A String			800m B String		
Sam Allen	Ipswich	2:05.9	Joshua Thompson	Ipswich	2:15.7
Jamie Finch	CONAC	2:18.1	Adam Davies	CONAC	2:30.7
James Hiscock	Benfleet Jun.	2:31.7			.
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1500m A String			1500m B String		
Sam Allen	Ipswich	4:30.9	Joshua Sugars	Ipswich	5:11.7
Bruce Beckett	CONAC	4:37.4			.
Ryan Creasey	Benfleet Jun.	4:38.1			.
Ben Holdgate	Braintree	4:49.2			.
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100m Hurdles A String			100m Hurdles B String		
		W/S=			W/S=
T Cunningham-Fahie	Colchester & T	14.5			.
Harrison layton	Ipswich	17.0			.
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4 x 100 relay		
Ipswich	Ipswich	46.9
Colchester H	Colchester H	48.4
Braintree	Braintree	60.1
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## Polevault A String

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## Highjump A String

Harrison layton	Ipswich	1.7
Ryan Creasey	Benfleet Jun.	1.45

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## Highjump B String

Oliver Campbell	Ipswich	1.55
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## Longjump A String

Christian Frost	Ipswich	5.41
James Hiscock	Benfleet Jun.	3.94

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## Longjump B String

Joshua Thompson	Ipswich	5.13
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## Triplejump A String

Joshua Thompson	Ipswich	10.08
Ragnar Callan	Colchester & T	9.3

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## Triplejump B String

Sam Allen	Ipswich	9.81
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## Shot A String

Owen Giddings	Ipswich	10.72
Jack Halliwell	CONAC	10.68
Alex Camp	Braintree	8.89
CONNOR OLIVER	Colchester H	8.63

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## Shot B String

Marshall Childs	Ipswich	9.25
Jordan Tye	CONAC	7.85
C PETTIT COOMBES	Colchester H	7.47
Aaron Fribbens	Braintree	5.04

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## Discus A String

SAM JACKSON	Colchester H	31.01
Marshall Childs	Ipswich	25.93
Alex Camp	Braintree	20.09
Ben Matsuka-Williams	CONAC	15.84

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## Discus B String

Owen Giddings	Ipswich	22.48
Stuart Pleasance	Braintree	19.93
C PETTIT COOMBES	Colchester H	16.49

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## Hammer A String

SAM JACKSON	Colchester H	34.89
Stuart Pleasance	Braintree	20.92
Andrew Davis	Ipswich	16.84

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## Javelin A String

Marshall Childs	Ipswich	55.95
Jack Halliwell	CONAC	42.96
Ryan Creasey	Benfleet Jun.	37.08
Alex Camp	Braintree	29.92

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## Javelin B String

Mark Ferniz	Ipswich	32.09
Stuart Pleasance	Braintree	22.41

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## EASTERN YOUNG ATHLETES LEAGUE NON SCORERS

## VENUE

## Date

Event	Age group	Name	Club	Perf	Event	Age group	Name	Club	Perf
HT	U17M	Aaron Fribbens	Braintree	13.22	100	U13G	Tyler Bourke	Braintree	16.6
DT	U17M	Justin Hall	Braintree	16.06	100	U13G	Annabrl Lineham	Braintree	17.2
DT	U17M	Aaron Fribbens	Braintree	12.15	100	U13G	Emily Holloway	Braintree	17.3
LJ	U15B	Billy Olly-Hindle	CONAC	4.46	100	U13G	Catherine Levick	Braintree	14.8
JT	U15B	Oscar Dawson	Colchester H	25.32	100	U13G	Mellisa Gurteen	Braintree	15.3
JT	U13B	Marcus Holmes	Colchester H	19.26	100	U13G	.	Peterborough	15.5
HJ	U15G	Sophie Bennison	Ipswich	1.35	100	U13G	.	Peterborough	15.7
HJ	U15G	Bethan Gilligan	Peterborough	1.30	100	U13G	Ellie-Jade Clark	Colchester H	15.9
HJ	U15G	Lella Ralph	Ipswich	1.25	100	U13G	Maddie Venn	Ipswich	16.2
LJ	U15G	Casey Hlliam	Peterborough	4.57	100	U13G	Megan Hughes	Ipswich	16.8
LJ	U15G	Andrew Davis	Ipswich	4.16	100	U13G	Georgia Battle	Ipswich	17.1
LJ	U15G	Enya Pearson	Ipswich	3.82	100	U15G	Ataylia Clarke	Ipswich	16.5
LJ	U15G	Jamelia Smith	Peterborough	Jamelia	100	U15G	Miri Budd	Ipswich	13.5
SP	U13G	Hannah Grubb	Ipswich	4.75	100	U15G	Janeo Duporte Clarke	Ipswich	13.8
SP	U13G	Mellisa Gurteen	Braintree	4.42	100	U15G	.	Colchester H	14.1
SP	U13G	Rebecca Baldock	Braintree	3.48	100	U15G	Maddie Parie	CONAC	14.3
SP	U15G	Amy Clarke	CONAC	6.02	100	U15G	.	Peterborough	14.5
SP	U15G	Hetti Ralph	Ipswich	5.99	100	U15G	.	Colchester H	14.7
SP	U15G	Millie Belvin	Colchester H	4.73	100	U15G	.	Colchester H	15.6
SP	U15G	Bethan Gilligan	Peterborough	4.66	100	U15G	Imogen Powell	Ipswich	13.9
JT	U15G	Millie Belvin	Colchester H	8.19	100	U15G	.	Colchester H	14.1
HJ	U15G	Eleaor Thorn	Braintree	0.80	100	U15G	Claire Obeg-Asare	Ipswich	14.4
DT	U15G	Georgina Lawson	Ipswich	13.07	100	U15G	Enya Pearson	Ipswich	14.5
JT	U13G	Georgia Battle	Ipswich	6.02	100	U15G	Marcos green	Ipswich	14.6
DT	U13G	Yasmine Cowley	Braintree	16.20	100	U15G	Sophie Bishop	CONAC	14.7
DT	U13G	Hannah Grubb	Ipswich	11.33	100	U15G	Georgina Lawson	Ipswich	15.3
LJ	U13G	Catherine Levick	Braintree	3.83	100	U17W	Jonathan Eley	Ipswich	13.0
LJ	U13G	Maddie Venn	Ipswich	3.27	100	U13B	Dani Long Martinez	Benfleet Jun.	14.3
LJ	U13G	Jesmine Cant	Ipswich	3.23	100	U13B	Joshua Downes	Braintree	14.1
LJ	U13G	Josey Fortune	Peterborough	3.06	100	U13B	Tyler Bourke	Braintree	14.5
LJ	U13G	Darya Azarmi	Colchester H	3.05	100	U13B	U13 or 15 Girls	Peterborough	14.7
LJ	U13G	Poppy Skubich	Braintree	2.97	100	U13B	Alice Woollatt	Ipswich	15.1
LJ	U13G	Katrina Males	Ipswich	4.1	100	U13B	.	.	17.9
LJ	U13G	Jack Van Poortvliet	Benfleet Jun.	4.07	100	U13B	Ollie Hobbs	Braintree	18.0
LJ	U13G	Ben Wheeler	Colchester H	3.75	100	U13B	Jack Van Poortvliet	Benfleet Jun.	14.3
LJ	U13G	Samuel Donnelly	Braintree	3.72	100	U13B	Sam King	Ipswich	15.7
LJ	U13G	Callum Cahill	Braintree	3.36	100	U13B	.	Colchester H	15.9
LJ	U13G	Charlie Green	Benfleet Jun.	3.29	100	U13B	James Allard	Ipswich	16.6
70H	U13G	Hannah Smith	Braintree	12.6	100	U13B	Joshua Mesing	Braintree	17.5
70H	U13G	.	Peterborough	15.2	100	U15B	Sam Phillips	Ipswich	13.1
75H	U15G	Sophie Bennison	Ipswich	13.1	100	U15B	.	Colchester H	13.2
75H	U15G	Natasha Males	Ipswich	13.9	100	U15B	Billy Olly-Hindle	CONAC	13.4
75H	U15G	Amy Quantrill	CONAC	14.2	100	U15B	Wes Matsuka-Williams	CONAC	13.5
75H	U15G	Alice Woollatt	Ipswich	14.4	100	U15B	Jonathan Eley	Ipswich	13.8
75H	U15G	Sophie Bishop	CONAC	14.7	100	U15B	.	Colchester H	13.9
80H	U17W	Katie Clark	CONAC	13.4	100	U15B	Adam Ferguson	Colchester H	14.4
75H	U13B	James Allard	Ipswich	17.6	100	U17M	Owen Giddings	Ipswich	12.0
800	U13G	.	Peterborough	2:57.3	100	U17M	Mark Freniz	Ipswich	12.1
800	U13G	Rebecca Baldock	Braintree	2:51.1	100	U17M	Jay-Michael Gibson	Ipswich	12.4
800	U15G	Anna Bakewell	CONAC	2:31.6	100	U17M	.	Colchester H	12.6
800	U15G	Felicity Jarvis	Ipswich	2:43.0	100	U17M	Callum Pettit Coombes	Colchester H	12.7
800	U13B	Marcus Holmes	Colchester H	2:50.4	100	U17M	Tom West	Ipswich	12.8
800	U13B	Joshua Mesing	Braintree	3:03.1	300	U15G	Ella Hughes	Ipswich	44.5
800	U13B	Mathew Challis	Braintree	3:34.0	300	U15G	Anna Bakewell	CONAC	46.2
800	U15B	Oscar Dawson	Colchester H	2:24.2	300	U15G	Saskia Ayeche	Ipswich	48.4
800	U15B	.	Colchester H	2:24.8	300	U15G	Katrina Males	Ipswich	49.7
800	U15B	.	Colchester H	2:26.2	300	U15B	.	Colchester H	43.4
800	U15B	.	Colchester H	2:54.2	300	U15B	.	Colchester H	43.8
100	U13G	Jesmine Cant	Ipswich	14.9	300	U15B	Oscar Dawson	Colchester H	44.2
100	U13G	Poppy Skubich	Braintree	16.2	300	U15B	.	Colchester H	52.1
100	U13G	Nicole Hughes	Ipswich	14.2	300	U15B	.	Colchester H	55.3
100	U13G	Ollie Hobbs	Braintree	15.7	1500	U15B	.	Colchester H	5:15.0
100	U13G	Emily Holloway	Braintree	16.0	200	U13G	Jesmine Cant	Ipswich	30.5
100	U13G	Maddie Craig	Ipswich	14.9	200	U13G	Saira Hussain	Braintree	30.9
100	U13G	Lauren Flude	Ipswich	14.9	200	U13G	Lauren Flude	Ipswich	31.4
100	U13G	.	Peterborough	15.7	200	U13G	No 308	Colchester H	35.3
100	U13G	.	Peterborough	15.8	200	U13G	Georgia Battle	Ipswich	37.3







