



THE SAUCONY SOUTH OF ENGLAND ATHLETIC ASSOCIATION
CROSS COUNTRY RELAY CHAMPIONSHIPS 2011

ENTRY FORM (AGE GROUP)

CLUB NAME:

CLUB COLOURS: (which must be worn)

PLEASE COMPLETE IN BLOCK CAPITALS

Surname	First Name	Date of Birth	England Athletic Reg Number (**)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			

(*) Failure to provide the England Athletics Registration Number for athletes will result in your entry being returned. All competing athletes must be registered within their club via England Athletics

Furnishing false or misleading information may render the Athlete and/or Club liable to disqualification

I hereby declare that all entrants are eligible to compete according to the laws of the governing body for UK Athletics, they are all duly elected members of the above named Club and that the following particulars are complete and correct.

NAME

POSITION IN CLUB..... SIGNED.....

ADDRESS

.....

..... POSTCODE.....

TEL (Home) (Mobile).....

CROSS COUNTRY RELAY CHAMPIONSHIPS
Saturday 12th March 2011
LINFORD CHRISTIE STADIUM, WORMWOOD SCRUBS, LONDON, W12

Age Groups:

11:00am	Under 20 Women Ages 17-18-19 years as at 31st Aug/1st Sep 2010	3 stages x 2.5K
11:09am	Under 17 Women Ages 15 & 16 years as at 31st Aug/1st Sep 2010	3 stages x 2.5K
11:40am	Under 20 Men Ages 17-18-19 years as at 31st Aug/1st Sep 2010	3 stages x 3K
12:10pm	Under 17 Men Ages 15 & 16 years as at 31st Aug/1st Sep 2010	3 stages x 3K
12:35pm	Under 13 Girls Ages 11 & 12 as at 31st Aug/1st Sep 2010 & 11 years of age on the day of competition	3 stages x 2K
1:00pm	Under 13 Boys Ages 11 & 12 as at 31st Aug/1st Sep 2010 & 11 years of age on the day of competition	3 stages x 2K
1:25pm	Under 15 Girls Ages 13 & 14 as at 31st Aug/1st Sep 2010	3 stages x 2K
1:50pm	Under 15 Boys Ages 13 & 14 as at 31st Aug/1st Sep 2010	3 stages x 2K
2:10pm	Senior Women Age must exceed 20 years as at 31st Aug/1st Sep 2010	3 stages x 3K
2:40pm	Senior Men Age must exceed 20 years as at 31st Aug/1st Sep 2010	4 stages x 5K

Conditions

- i. Clubs are required to complete and sign a declaration form on the day from names on the entry form.
- ii. Only Names entered can compete, no substitutions are allowed.
- iii. Please enclose a C5 size stamped addressed envelope for acknowledgement and race details.

Medals:

Medals will be awarded for 1st/ 2nd/ 3rd teams in all races.

Entry Fee:

Under 13/Under 15/Under 17	£10.00 per team
Under 20 Men & Women/Senior Women	£12.00 per team
Senior Men	£15.00 per team

Closing date for entries is Friday 18th February 2011

*"The Association reserves the right to refuse entries, vary the programme of events
and cancel Championships under extreme circumstances"*

Supported by the AAA's