

Mid Essex Cross Country League

Race 1 - Stebbing - 18th December 2016

Ladies Results

Position	Name	Club
1	Helen Thomsett	LBRR
2	Rachel Roughan	SS
3	Claudine Davie	GFDR
4	Vic Curren	SS
5	Camilla James	LBRR
6	Georgina Herron	LBRR
7	Kerry Harrington	GFDR
8	Sarah Colbert	SS
9	Josie Sheffield	BDAC
10	Theresa Wood	MEC
11	Jo Bissett-Smith	GFDR
12	Charlotte King	GFDR
13	Pru Hayhow	GFDR
14	Sharon Alexander	BDAC
15	Brady Ramsey	GFDR
16	Hayley Morley	GFDR
17	Sharon Harper	LBRR
18	Lorna Pettifer	MEC
19		
20	Claire Gordon	BDAC
21	Michelle Phillips	BDAC
22	Jackie Adams	GFDR
23	Claire Rowe	LBRR
24	Helen Farrell	LBRR
25	Donna Hindle	SS
26	Nichola Norman	SS
27	Henri Butcher	GFDR
28	Jenny Chandler	SS
29	Molly Mills	SS
30	Holly Thompson	SS
31	Rebecca Himpson	LBRR
32	Elsbeth Missen	LBRR
33	Sarah Knowles	SS
34	Dawn Shilling	MEC
35	Lesley Burpitt	GFDR
36	Sarah Goodwin	SS
37	Jennifer Turk	SS
38	Sophie Pratt	LBRR
39	Sue Crome	LBRR
40	Fiona Pratt	LBRR
41	Caroline Clarke	LBRR
42	Julia Binstead	MEC
43		
44		
45		
46	Angela Bulman	LBRR
47	Donna Footer	MEC

Position	Club	Points
1st	Little Baddow	29
2nd	Grange Farm	33
3rd	Springfield	39
4th	Braintree	64
5th	Mid Essex Casuals	104

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Men's Results

Position	Name	Club
1	James Smith	SS
2	James Boshier	GFDR
3	Sam Cornforth	SS
4	Alistair Brown	GFDR
5	Lee Pickering	GFDR
6	Tim Woulfe	BDAC
7	Stuart Raven	SS
8	Chris Burgoyne	SS
9	Brad Adams	LBRR
10	Shay Joyce	LBRR
11	Nebay Debasay	BDAC
12	Antony Goodall	SS
13	Paul Miles	SS
14	Steve Read	GFDR
15	Dan Reynolds	GFDR
16	Conor Culhan	BDAC
17	James Wright	SS
18	Paul Jeggo	SS
19	Alex Ings	BDAC
20	Paul Bugden	LBRR
21	Richard Candler	MEC
22	Matt Webster	GFDR
23	Craig Dawson	MEC
24	Alan Ashton	SS
25	Phil Harper	SS
26	Gary Wright	SS
27	Chris Seymour	MEC
28	Josh Sowman	GFDR
29	Phil Watts	SS
30	Joe Nourse	BDAC
31	Andy Ricthings	LBRR
32	Matt Coates	LBRR
33	Conor Culhan	BDAC
34	Simon Ferguson	MEC
35	Jon Byford	SS
36	Myles Coulson	BDAC
37	Sean Henderson	GFDR
38	Julian Catmull	SS
39	James Hawes	GFDR
40	Peter Hodgson	LBRR
41	Craig Beech	LBRR
42	Paul Stukas	SS
43	Geoff Maidment	GFDR
44	Gerard Geurts	GFDR
45	Gary Joslin	SS
46	Mark Jeffrey	SS
47		
48	John Sweeney	MEC

Position	Club	Points
1st	Springfield	61
2nd	Grange Farm	90
3rd	Braintree	151
4th	Little Baddow	183
5th	Mid Essex Casuals	272

49	Jon Legge	SS
50	Ashwin Shah	GFDR
51	Mark Duncan	LBRR
52	Rob Haldane	LBRR
53	Tim Brockington	SS
54	Simon King	GFDR
55	Jason Bepey	GFDR
56	David Spain	MEC
57	Kevin Hopper	SS
58	Mark Hagger	LBRR
59	Gerry McGovern	LBRR
60	Martin Atkinson	GFDR
61	Ian Lawson	GFDR
62	Dave Morris	LBRR
63	Paul Franklin	MEC
64	Yorke Deavers	LBRR
65	Colin Jackson	GFDR
66	Nick Perry	GFDR
67	Richard Rule	SS
68		
69	Mike Cotteral	LBRR
70	Mark Chambers	LBRR
71		
72		
73	Paul Brookes	LBRR
74		
75	Alistair Gillan	SS
76	Stuart Darney	SS
77	Chris Brown	LBRR
78	Guest	
79	Will Day	SS
80	Brian Butcher	MEC
81	Steve Bulman	LBRR
82	Malcolm Savage	SS
83	Ray Vautier	MEC
84	Andy Hind	SS
85	Gary Chandler	SS
86	Mark Steadman	SS
87	John Whelpdale	LBRR
88	Ray Charlton	SS
89	Steve Brame	SS
90	Nick Richards	LBRR
91	Rick Overington	LBRR
92	Gavin Foster	GFDR
93	John Pettifer	MEC
94	Nic Footer	MEC
95		