

Mid Essex Cross Country League

Race 5 - Braintree - 12th March 2017

Ladies Results

Position	Name	Club
1	Helen Tomsit	LBRR
2	Danielle Robertson	GFDR
3	Ruth Smith	LBRR
4	Naomi Moss	GFDR
5	Hannah Mcilunna	GFDR
6	Jo Bisset-Smith	GFDR
7	Kate Powell	LBRR
8	Kerry Harrington	GFDR
9	Rose Westall	LBRR
10	Charlotte King	GFDR
11	Jules Adams	GFDR
12	Hilda O'Kelly	SS
13	Hayley Smith	GFDR
14	Brady Ramsay	GFDR
15	Emily Predebon	GFDR
16	Karen Chapman	SS
17	Gillian Robertson	GFDR
18	Allison Gillan	SS
19	Jackie Adams	GFDR
20	Sharon Harper	LBRR
21	Elaine Tribley	SS
22	Holly Thompson	SS
23	Hannah Moulange	LBRR
24	Jackie Sibthorp	MEC
25	Elsbeth Missen	LBRR
26	Angela Thorpe	GFDR
27	Henrietta Butcher	GFDR
28	Glenda Jackson	GFDR
29	Dawn Silling	MEC
30	Roz Mckenna	GFDR
31	Angela Bulman	LBRR
32		

Position	Club	Points
1st	Grange Farm	17
2nd	Little Baddow	31
3rd	Springfield	67
4th	Mid Essex Casuals	117
5th	Braintree	no runners

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Men's Results

Position	Name	Club
1	James Boshier	GFDR
2	Alistair Brown	GFDR
3	Lee Pickering	GFDR
4	Antony Goodall	SS
5	Shay Joyce	LBRR
6	Dan Reynolds	GFDR
7	Stuart Raven	SS
8	Ben Holdgate	BDAC
9	Steve Read	GFDR
10	Conor Culham	BDAC
11	Joshua Mulley	BDAC
12	Nebay Debessay	BDAC
13	Josh Sowman	GFDR
14	Matt Webster	GFDR
15	Matt Coates	LBRR
16	Phil Harper	SS
17	Colin Harper	LBRR
18	Jon Byford	SS
19	Paul Bugden	LBRR
20	Martin Jackson	GFDR
21	Andy Ritchings	LBRR
22	Geoff Maidment	GFDR
23	Mark Duncan	LBRR
24	Gerard Geurts	GFDR
25	Martin Taylor	GFDR
26	Mark Jeffrey	SS
27	Richard Smith	LBRR
28	Paul Stukas	SS
29	Gerry McGovern	LBRR
30	Chris Hargreaves	LBRR
31	Jason Bepey	GFDR
32	Greg Wisken	MEC
33	Sean Henderson	GFDR
34	Simon King	GFDR
35	David Kelsey	GFDR
36	Dan Watley	LBRR
37	Dan Wright	GFDR
38	Colin Jackson	GFDR
39	Luca Predebon	GFDR
40	Richard Taylor	SS
41	Ian Lawson	GFDR
42	Chris Hayhow	GFDR
43		

Position	Club	Points
1st	Grange Farm	48
2nd	Little Baddow	127
3rd	Springfield	139
4th	Braintree	239
5th	Mid Essex Casuals	413

44	Dave Morris	LBRR
45	Mark Chambers	LBRR
46	Mike Cotterill	LBRR
47	Richard Robertson	GFDR
48	Jason Wintin	GFDR
49	Richard Rule	SS
50	Mark Moughton	SS
51	Paul Brookes	LBRR
52	Nick Perry	GFDR
53	Paul Tawn	MEC
54	Chris Brown	LBRR
55	Neil Godier	LBRR
56	Stuart Adams	GFDR
57	Steve Bulman	LBRR
58	Lee Prowse	GFDR
59	Brian Butcher	MEC
60	Andy Hind	SS
61	Rick Overington	LBRR
62	Ivan Howlett	SS
63	John Whelpdale	LBRR
64	Gavin Foster	GFDR
65	Leighton Williams	MEC

Mid Essex League Table

Men

Club	Stebbing	Rivenhall	Highwood	Little Baddow	Braintree	Total
Grange Farm	4	5	5	5	5	24
Springfield	5	4	4	4	3	20
Little Baddow	2	3	3	3	4	15
Braintree	3	2	1	2	2	10
Mid Essex Casuals	1	1	2	1	1	6

Ladies

Club	Stebbing	Rivenhall	Highwood	Little Baddow	Braintree	Total
Grange Farm	4	5	5	5	5	24
Little Baddow	5	4	4	4	4	21
Springfield	3	1	3	3	3	13
Mid Essex Casuals	1	3	2	2	2	10
Braintree	2	2	1	1	1	7