



## Cross country Race for under 11's



Sunday 21<sup>st</sup> February 2010

At Great Notley Park

£1 Entry Fee

Chelmsford Sport and Athletics Centre, Braintree & District Athletic Club and Chelmsford Athletic Club have worked in partnership to organise an under 11's Girls and Boys middle distance race at Great Notley Country Park, Great Notley, Braintree CM77 7FS

**Time of Races:**

U11 Girl's race starts at 1.30pm

U11 Boys race starts at 2.00pm

(Aged 11 on or after the 1<sup>st</sup> September 2009. minimum age of 9)

There will be medals for the first 3 individuals.

Presentations will be held at Great Notley Country Park inside facilities to give medals to the first 3 individuals in each race.

Please detach the lower section of this form and send it along with a stamped address envelope to: Karen Stephanou, Athletics Development Officer, Chelmsford Sport and Athletics Centre, Salerno Way, Chelmsford, Essex, CM1 2EH.  
01245 605666

**Entries in advance only – Closing date Friday 12<sup>th</sup> February 2010**  
**Cheques made payable to Braintree Athletics Club**

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01245 605666



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**Cross Country – Great Notley Park**

Name: ..... D.O.B: ..... Female/Male

Address: .....

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Contact Number: .....

Club/School: .....

Signed: ..... Parent/Guardian

<p><b>Office Use Only</b> Number: Date sent:</p>
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