

South of England Athletic Association

Track & Field Age Group Championships 2010

Under 17 & Under 15 Championships - Julie Rose Stadium, Ashford, Kent TN24 9QX

Sat 29th & 30th May - Closing Date: Tuesday 18th May 2010

Entry Fees: Under 17 & Under 15 - £9 each event. £1 extra for online entries.

U17 Men (Saturday)

100m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 1500m S/Chase Heats, High Jump(1.65m)*, Long Jump, Shot, Discus

U17 Men (Sunday)

200m, 400m Final, 800m Final, 1500m Final, 100m Hurdles, 400m Hurdles Final, 1500m S/Chase Final, Pole Vault(2.80m)*, Triple Jump(13/11m)*, Hammer, Javelin

U17 Women (Saturday)

200m, 300m Heats, 800m Heats, 1500m Heats, 300m Hurdles Heats, Pole Vault(2.20m)*, Triple Jump(11/9m)*, Hammer, Javelin

U17 Women (Sunday)

100m, 300m Final, 800m Final, 1500m Final, 80m Hurdles, 300m Hurdles Final, High Jump(1.45m)*, Long Jump, Shot, Discus

U15 Boys (Saturday)

200m, 400m Heats, 800m Heats, 1500m Heats, 80m Hurdles, Pole Vault(2.30m)*, Triple Jump(11/9m)*, Hammer, Javelin

U15 Boys (Sunday)

100m, 400m Final, 800m Final, 1500m Final, High Jump(1.50m)*, Long Jump, Shot, Discus

U15 Girls (Saturday)

100m, 800m Heats, 1500m Heats, 75m Hurdles, High Jump(1.40m)*, Long Jump, Shot, Discus

U15 Girls (Sunday)

200m, 800m Final, 1500m Final, Pole Vault(1.90m)*, Triple Jump(9/7m)*, Hammer, Javelin

Please Note: Under Rule 107 (3) (iv) No Under 15 athlete is allowed to run in more than one event between 600m & 3000m inclusive on the same day
Therefore Under 15 athletes may only run in either 800m or 1500m heats on the same day but may enter both.

Under 20 & Senior Championships

Crystal Palace National Sports Centre, Ledrington Road, London SE19 2BB

Sat 12th & Sun 13th June - Closing Date: Tuesday 1st June 2010

Entry Fees: Senior - £13 each - Under 20 £10 each event. £1 extra for online entries.

U20 Men (Saturday)

200m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 2000m S/Chase Final **, Pole Vault(3.40m)*, Triple Jump(13/11m)*, Hammer, Javelin

U20 Men (Sunday)

100m, 400m Final, 800m Final, 1500m Final, 5000m Final, 110m Hurdles, 400m Hurdles Final, High Jump(1.70m)*, Long Jump, Shot, Discus

U20 Women (Saturday)

200m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 2000m S/Chase Final **, High Jump(1.50m)*, Long Jump, Shot, Discus

U20 Women (Sunday)

100m, 400m Final, 800m Final, 1500m Final, 3000m Final, 100m Hurdles, 400m Hurdles Final, Pole Vault(2.30)*, Triple Jump(11/9/m)*, Hammer, Javelin

Senior Men (Saturday)

100m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 3000m S/Chase Final **, High Jump(1.80m)*, Long Jump, Shot, Discus

Senior Men (Sunday)

200m, 400m Final, 800m Final, 1500m Final, 5000m Final, 110m Hurdles, 400m Hurdles Final, Pole Vault(3.80m)*, Triple Jump(13m)*, Hammer, Javelin

Senior Women (Saturday)

100m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 2000m S/Chase Final **, Pole Vault(2.70m)*, Triple Jump(11m)*, Hammer, Javelin

Senior Women (Sunday)

200m, 400m Final, 800m Final, 1500m Final, 3000m Final, 100m Hurdles, 400m Hurdles Final, High Jump(1.55m)*, Long Jump, Shot, Discus

Under 15 & Under 17 3000m, Under 15 & Under 17 3000m & Under 20 & Senior 5000m Walk Championships

Barnet Copthall Stadium, Hendon, London NW4 1PS

Sat 24th and Sunday 25th July 2010, Closing Date - Tuesday 13th July

Entry Fees: Under 17 & Under 15 - £9 each event. £1 extra for online entries.

Saturday

U15 Girls, U15 Boys, U17 Women, U17 Men 3000m Walks, U20 Women, U20 Men, Senior Women, Senior Men 5000m Walks

Sunday

U15 Girls, U15 Boys, U17 Women, U17 Men 3000m

*Events marked * show starting heights for HJ & PV and specified boards for the TJ.*

*Events marked ** are for Steeplechase. Should the number of entries warrant it, heats will be run on the Saturday with the final on Sunday.*

"The Association reserves the right to refuse or limit entries, vary the programme of events and cancel Championships under extreme circumstances"

"Furnishing false or misleading information may result in disqualification"



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