



**Colchester Garrison,
Circular Road North,
Colchester CO2 7SW.**

EVENT	AGE GROUP	MEN / WOMEN
80M	U11	BOTH
100M	U13, U15, U17, JUNIOR, SENIOR	BOTH
200M	U13, U15, U17, JUNIOR, SENIOR	BOTH
300M	U17	WOMEN
400M	U15, U17, JUNIOR, SENIOR JUNIOR, SENIOR	MEN WOMEN
600M	U11	BOTH
800M	U13, U15, U17, JUNIOR, SENIOR	BOTH
1500M	U13, U15, U17, JUNIOR, SENIOR	BOTH
SPRINT HURDLES (Respective distances)	U13, U15, U17, JUNIOR, SENIOR	BOTH
HIGH JUMP	U13, U15, U17, JUNIOR, SENIOR	BOTH
LONG JUMP	U11, U13, U15, U17, JUNIOR, SENIOR	BOTH
SHOT PUT	U13, U15, U17, JUNIOR, SENIOR	BOTH
DISCUS	U13, U15, U17, JUNIOR, SENIOR	BOTH
JAVELIN	U13, U15, U17, JUNIOR, SENIOR	BOTH