

Braintree-5-results

| Pos | Gun Time | Chip Time | First Name | Surname | Club | Race No | Category | Cat Pos | Gen Pos | Gender |
|-----|----------|-----------|------------|-------------|------------------------------|---------|----------|---------|---------|--------|
| 1 | 0:26:57 | 0:26:57 | Chris | Burgoyne | Springfield Striders RC | 26 | | | | M |
| 2 | 0:27:23 | 0:27:23 | Liviu | Ionita | Barking Road Runners | 108 | | | | M |
| 3 | 0:28:03 | 0:28:03 | Alex | Manton | Springfield Striders RC | 129 | | | | M |
| 4 | 0:28:30 | 0:28:30 | Jared | Bethell | Bishops Stortford RC | 14 | | | | M |
| 5 | 0:29:31 | 0:29:31 | Innes | Fullerton | Braintree & District AC | 75 | | | | M |
| 6 | 0:29:55 | 0:29:55 | Robert | Doyle | Thurrock Harriers | 61 | | | | M |
| 7 | 0:29:57 | 0:29:57 | Paul | Dobson | Springfield Striders RC | 57 | | | | M |
| 8 | 0:30:16 | 0:30:16 | John | Barker | Thrift Green Trotters | 210 | | | | M |
| 9 | 0:30:51 | 0:30:48 | Andrew | Conway | Tiptree Road Runners | 39 | | | | M |
| 10 | 0:30:54 | 0:30:54 | Ian | Macdougall | Saffron Striders RC | 128 | | | | M |
| 11 | 0:31:20 | 0:31:18 | Martin | Green | Saffron Striders RC | 79 | | | | M |
| 12 | 0:31:26 | 0:31:24 | James | Lowndes | Barking Road Runners | 214 | | | | M |
| 13 | 0:31:48 | 0:31:47 | Thomas | Platts | Saffron Striders RC | 156 | | | | M |
| 14 | 0:31:52 | 0:31:50 | Sarah | Worley | Swansea Harriers | 203 | | | | F |
| 15 | 0:32:01 | 0:31:58 | Ashwin | shah | Grange Farm & Dunmow Runners | 172 | | | | M |
| 16 | 0:32:32 | 0:32:31 | Paul | Ward | Barking Road Runners | 197 | | | | M |
| 17 | 0:33:03 | 0:33:02 | Martyn | Coulter | Harlow RC | 46 | | | | M |
| 18 | 0:33:07 | 0:33:03 | Stephen | Sawyer | Dengie 100 Runners | 169 | | | | M |
| 19 | 0:33:08 | 0:33:08 | James | Chalklen | Braintree & District AC | 32 | | | | M |
| 20 | 0:33:09 | 0:33:06 | Brian | Venton | Benfleet RC | 195 | | | | M |
| 21 | 0:33:21 | 0:33:19 | baz | taylor | Saffron Striders RC | 188 | | | | M |
| 22 | 0:33:38 | 0:33:35 | Marco | Arcidiacono | Saffron Striders RC | 6 | | | | M |
| 23 | 0:33:40 | 0:33:35 | Declan | Evans | | 64 | | | | M |
| 24 | 0:33:43 | 0:33:42 | Fiona | Halls | Saffron Striders RC | 86 | | | | F |
| 25 | 0:33:47 | 0:33:39 | tim | wells | Dengie 100 Runners | 200 | | | | M |
| 26 | 0:33:49 | 0:33:45 | Steven | Watson | Witham RC | 198 | | | | M |
| 27 | 0:33:51 | 0:33:49 | Hayley | Pegg | Chelmsford AC | 151 | | | | F |
| 28 | 0:33:52 | 0:33:51 | Alan | Jones | Saffron Striders RC | 110 | | | | M |
| 29 | 0:33:57 | 0:33:55 | Luca | Predebon | Grange Farm & Dunmow Runners | 161 | | | | M |
| 30 | 0:34:03 | 0:33:59 | Simon | Scott | Witham RC | 170 | | | | M |
| 31 | 0:34:04 | 0:34:01 | Andrew | Flind | Saffron Striders RC | 67 | | | | M |
| 32 | 0:34:06 | 0:33:58 | Nick | Dobson | | 59 | | | | M |
| 33 | 0:34:22 | 0:34:18 | John | Sweeney | Castle Point Joggers | 184 | | | | M |
| 34 | 0:34:23 | 0:34:19 | Cliff | King | Castle Point Joggers | 118 | | | | M |
| 35 | 0:34:26 | 0:34:23 | Steve | Bugden | Springfield Striders RC | 25 | | | | M |
| 36 | 0:34:36 | 0:34:34 | Hayley | Lamkin | Southend On Sea AC | 119 | | | | F |
| 37 | 0:34:39 | 0:34:34 | colin | jones | Barking Road Runners | 112 | | | | M |
| 38 | 0:34:42 | 0:34:41 | Sarah | Pennington | Southend On Sea AC | 153 | | | | F |
| 39 | 0:35:04 | 0:35:00 | kevin | harper | Witham RC | 90 | | | | M |
| 40 | 0:35:40 | 0:35:38 | Ronald | Vials | Barking Road Runners | 196 | | | | M |
| 41 | 0:35:46 | 0:35:35 | Edward | Shorridge | | 173 | | | | M |
| 42 | 0:35:49 | 0:35:47 | Joe | Hall | Saffron Striders RC | 84 | | | | M |
| 43 | 0:35:50 | 0:35:46 | Maxine | Brown | Barking Road Runners | 23 | | | | F |
| 44 | 0:36:00 | 0:35:58 | Kevin | Wotton | Barking Road Runners | 204 | | | | M |
| 45 | 0:36:11 | 0:36:06 | Stuart | Ashworth | Halstead RRC | 223 | | | | M |
| 46 | 0:36:18 | 0:36:13 | Karen | Pickering | Grange Farm & Dunmow Runners | 155 | | | | F |
| 47 | 0:36:20 | 0:36:17 | Simon | Possee | | 160 | | | | M |
| 48 | 0:36:48 | 0:36:46 | Neil | Halls | Saffron Striders RC | 87 | | | | M |
| 49 | 0:36:53 | 0:36:46 | Simon | Hawkins | | 94 | | | | M |

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|-----|---------|---------|-------------|-------------|------------------------------|-----|--|--|--|---|
| 50 | 0:36:54 | 0:36:50 | Steve | Hennings | Witham RC | 99 | | | | M |
| 51 | 0:37:09 | 0:37:05 | Alan | Pearl | Ilford AC | 150 | | | | M |
| 52 | 0:37:16 | 0:37:12 | Danny | Connor | Witham RC | 212 | | | | M |
| 53 | 0:37:17 | 0:37:09 | Simon | King | Grange Farm & Dunmow Runners | 117 | | | | M |
| 54 | 0:37:19 | 0:37:05 | Mark | Taylor | | 187 | | | | M |
| 55 | 0:37:31 | 0:37:27 | David | Smith | Springfield Striders RC | 178 | | | | M |
| 56 | 0:37:35 | 0:37:31 | Emily | Predebon | Grange Farm & Dunmow Runners | 162 | | | | F |
| 57 | 0:37:36 | 0:37:31 | Gerry | Greenwold | Witham RC | 80 | | | | M |
| 58 | 0:37:48 | 0:37:44 | Graeme | Loudain | Saffron Striders RC | 125 | | | | M |
| 59 | 0:37:50 | 0:37:39 | Mark | fitzhenry | Saffron Striders RC | 66 | | | | M |
| 60 | 0:37:51 | 0:37:48 | Niall | Sullivan | Saffron Striders RC | 181 | | | | M |
| 61 | 0:38:04 | 0:37:59 | Rhoan | Gabbidon | Ilford AC | 77 | | | | M |
| 62 | 0:38:10 | 0:38:02 | Lydia | Bazzard | Dengie 100 Runners | 12 | | | | F |
| 63 | 0:38:12 | 0:38:08 | ANTHONY | YOUNG | Ilford AC | 206 | | | | M |
| 64 | 0:38:14 | 0:38:01 | James | Dodson | | 60 | | | | M |
| 65 | 0:38:36 | 0:38:25 | Kate | Holden | Saffron Striders RC | 102 | | | | F |
| 66 | 0:38:41 | 0:38:27 | Elliot | Lee | | 217 | | | | M |
| 67 | 0:38:44 | 0:38:38 | Lee | Blake | Witham RC | 15 | | | | M |
| 68 | 0:38:49 | 0:38:44 | Caroliena | Cameron | Halstead RRC | 30 | | | | F |
| 69 | 0:38:52 | 0:38:42 | Chris | McDonnell | Dengie 100 Runners | 133 | | | | M |
| 70 | 0:38:53 | 0:38:41 | Nick | Searle | Dengie 100 Runners | 171 | | | | M |
| 71 | 0:39:02 | 0:38:49 | Nigel | Francis | Braintree & District AC | 70 | | | | M |
| 72 | 0:39:05 | 0:38:49 | Gary | Waters | | 225 | | | | M |
| 73 | 0:39:08 | 0:38:59 | Joanne | Ling | Billericay Striders | 124 | | | | F |
| 74 | 0:39:13 | 0:39:06 | Laura | Hague | | 83 | | | | F |
| 75 | 0:39:15 | 0:39:10 | David | Mason | Springfield Striders RC | 130 | | | | M |
| 76 | 0:39:17 | 0:39:14 | Donna | Morris | Springfield Striders RC | 141 | | | | F |
| 77 | 0:39:23 | 0:39:15 | Andrew | Gwilliam | Barking Road Runners | 82 | | | | M |
| 78 | 0:39:33 | 0:39:23 | Vince | Brooker | | 211 | | | | M |
| 79 | 0:39:33 | 0:39:29 | Imogen | Pearey | | 148 | | | | F |
| 80 | 0:39:40 | 0:39:37 | Sathanandas | Alaganandas | Ilford AC | 5 | | | | M |
| 81 | 0:39:49 | 0:39:29 | Arthur | Oliva | Saffron Striders RC | 146 | | | | M |
| 82 | 0:39:56 | 0:39:34 | Clive | Smith | | 216 | | | | M |
| 83 | 0:39:56 | 0:39:44 | Guy | Tremayne | Saffron Striders RC | 192 | | | | M |
| 84 | 0:39:58 | 0:39:42 | Charlotte | King | Grange Farm & Dunmow Runners | 116 | | | | F |
| 85 | 0:40:04 | 0:39:43 | James | Bussell | Saffron Striders RC | 27 | | | | M |
| 86 | 0:40:17 | 0:40:08 | Soraya | Barron | Springfield Striders RC | 11 | | | | F |
| 87 | 0:40:28 | 0:40:21 | Geoffrey | Reddin | Witham RC | 164 | | | | M |
| 88 | 0:40:40 | 0:40:33 | Carina | Taylor | Witham RC | 186 | | | | F |
| 89 | 0:40:41 | 0:40:35 | June | Brennan | Saffron Striders RC | 20 | | | | F |
| 90 | 0:41:00 | 0:40:53 | Richard | Inkpin | | 107 | | | | M |
| 91 | 0:41:05 | 0:40:54 | Haydn | Hawkins | Braintree & District AC | 93 | | | | M |
| 92 | 0:41:12 | 0:41:00 | Ross | Kemble | | 115 | | | | M |
| 93 | 0:41:33 | 0:41:27 | George | Freeman | | 73 | | | | M |
| 94 | 0:41:42 | 0:41:36 | Emily | Penkett | Springfield Striders RC | 152 | | | | F |
| 95 | 0:42:04 | 0:41:53 | Mark | Babbage | Springfield Striders RC | 9 | | | | M |
| 96 | 0:42:08 | 0:41:58 | Nic | Edwards | | 62 | | | | F |
| 97 | 0:42:15 | 0:41:58 | Emily | Adams | | 2 | | | | F |
| 98 | 0:42:16 | 0:42:03 | Lynsey | Hawkins | | 92 | | | | F |
| 99 | 0:42:26 | 0:42:19 | Leigh-Anne | Porter | Halstead RRC | 158 | | | | F |
| 100 | 0:42:37 | 0:42:15 | Glenn | Lesiak | | 123 | | | | M |

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|-----|---------|---------|-----------|------------|----------------------------|-----|--|--|--|---|
| 101 | 0:42:45 | 0:42:31 | Jamie | U'Glow | | 193 | | | | M |
| 102 | 0:42:48 | 0:42:40 | Anthony | Smith | Witham RC | 179 | | | | M |
| 103 | 0:43:17 | 0:43:09 | Becky | GRIMWOOD | Witham RC | 81 | | | | F |
| 104 | 0:43:22 | 0:43:05 | Sarah | Conway | | 40 | | | | F |
| 105 | 0:43:23 | 0:43:09 | Mark | Simmons | Braintree & District AC | 177 | | | | M |
| 106 | 0:43:28 | 0:43:06 | Colin | Siebert | | 175 | | | | M |
| 107 | 0:43:29 | 0:43:23 | Lisa | Clark | Halstead RRC | 34 | | | | F |
| 108 | 0:43:37 | 0:43:22 | Gary | Harford | Barking Road Runners | 89 | | | | M |
| 109 | 0:43:44 | 0:43:26 | Kieron | Hayes | Great Bentley Running Club | 95 | | | | M |
| 110 | 0:43:54 | 0:43:43 | Tamsin | Hall | | 85 | | | | F |
| 111 | 0:43:59 | 0:43:52 | Rebecca | Freeman | | 71 | | | | F |
| 112 | 0:43:59 | 0:43:50 | Meryl | Dobson | | 58 | | | | F |
| 113 | 0:44:00 | 0:43:53 | Paul | Freeman | | 72 | | | | M |
| 114 | 0:44:08 | 0:43:59 | Louise | Cootes | Harlow RC | 221 | | | | F |
| 115 | 0:44:22 | 0:44:02 | Robert | Caulfield | | 31 | | | | M |
| 116 | 0:44:22 | 0:44:02 | Simon | Chambers | Saffron Striders RC | 213 | | | | M |
| 117 | 0:44:23 | 0:44:02 | Neil | Addington | | 3 | | | | M |
| 118 | 0:44:25 | 0:44:11 | Gerry | Borley | Braintree & District AC | 16 | | | | M |
| 119 | 0:44:35 | 0:44:21 | Debbie | Mitchell | Braintree & District AC | 137 | | | | F |
| 120 | 0:44:38 | 0:44:32 | Caroline | Adlem | Springfield Striders RC | 4 | | | | F |
| 121 | 0:45:07 | 0:44:57 | Lisa | Christian | MRG | 33 | | | | F |
| 122 | 0:45:07 | 0:44:51 | Karen | Flowers | Witham RC | 68 | | | | F |
| 123 | 0:45:11 | 0:44:54 | Alison | Lapper | MRG | 120 | | | | F |
| 124 | 0:45:19 | 0:45:14 | Savannah | Pearey | | 149 | | | | F |
| 125 | 0:45:31 | 0:45:15 | Ann | Thomas | | 189 | | | | F |
| 126 | 0:45:31 | 0:45:23 | Ross | Silverton | Witham RC | 176 | | | | M |
| 127 | 0:45:35 | 0:45:17 | Tim | Armitage | | 7 | | | | M |
| 128 | 0:45:35 | 0:45:18 | Caroline | Armitage | | 8 | | | | F |
| 129 | 0:45:36 | 0:45:20 | Geoff | Buddington | | 220 | | | | M |
| 130 | 0:45:36 | 0:45:19 | Jennie | Buddington | | 219 | | | | F |
| 131 | 0:45:49 | 0:45:32 | Kevin | Hughes | | 105 | | | | M |
| 132 | 0:45:50 | 0:45:38 | Steven | Butt | | 28 | | | | M |
| 133 | 0:45:53 | 0:45:45 | Jo | Clayden | | 35 | | | | F |
| 134 | 0:46:20 | 0:46:11 | Meryll | Swan | | 183 | | | | F |
| 135 | 0:46:20 | 0:46:01 | Frieda | Keane | Ilford AC | 114 | | | | F |
| 136 | 0:46:24 | 0:46:13 | Jackie | Sibthorp | Mid Essex Casuals | 174 | | | | F |
| 137 | 0:46:30 | 0:46:18 | Sarah | Goodwin | Springfield Striders RC | 78 | | | | F |
| 138 | 0:46:41 | 0:46:26 | Robert | Courtier | Barking Road Runners | 47 | | | | M |
| 139 | 0:46:52 | 0:46:35 | Richard | Roberts | MRG | 165 | | | | M |
| 140 | 0:47:08 | 0:46:55 | Richard | Heard | | 96 | | | | M |
| 141 | 0:47:13 | 0:46:50 | Tom | Coughlan | Barking Road Runners | 208 | | | | M |
| 142 | 0:47:19 | 0:46:57 | James | McKenna | | 135 | | | | M |
| 143 | 0:47:41 | 0:47:28 | Rosemary | Leno | | 121 | | | | F |
| 144 | 0:47:41 | 0:47:29 | Keith | Leno | | 122 | | | | M |
| 145 | 0:47:48 | 0:47:38 | David | Cooper | | 41 | | | | M |
| 146 | 0:47:50 | 0:47:39 | Samantha | Venton | Benfleet RC | 194 | | | | F |
| 147 | 0:48:02 | 0:47:55 | Charlotte | Field | | 65 | | | | F |
| 148 | 0:48:08 | 0:47:49 | Maria | De | | 53 | | | | F |
| 149 | 0:48:15 | 0:47:58 | Muriel | Lovering | | 126 | | | | F |
| 150 | 0:48:24 | 0:48:06 | Martina | Byrne | Witham RC | 29 | | | | F |
| 151 | 0:48:59 | 0:48:48 | Helen | Hewlett | Saffron Striders RC | 100 | | | | F |

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|-----|---------|---------|-----------|------------|------------------------------|-----|--|--|--|---|
| 152 | 0:49:06 | 0:48:49 | Leslie | Jay | Barking Road Runners | 109 | | | | M |
| 153 | 0:49:09 | 0:48:50 | Carol | Muir | Ilford AC | 142 | | | | F |
| 154 | 0:49:19 | 0:49:08 | Dino | Di | MRG | 55 | | | | M |
| 155 | 0:49:19 | 0:49:09 | Robyn | Di | MRG | 54 | | | | F |
| 156 | 0:49:21 | 0:49:08 | Brenda | Clayton | Harlow RC | 36 | | | | F |
| 157 | 0:49:37 | 0:49:21 | Laura | Cranfield | Chelmer Road Runners | 48 | | | | F |
| 158 | 0:49:40 | 0:49:21 | Jess | Porch | GS Fitness | 157 | | | | F |
| 159 | 0:49:46 | 0:49:27 | Launa | Broadley | Ilford AC | 21 | | | | F |
| 160 | 0:49:49 | 0:49:28 | Michael | Bradley | Saffron Striders RC | 18 | | | | M |
| 161 | 0:49:50 | 0:49:40 | Annette | Jones | | 111 | | | | F |
| 162 | 0:50:00 | 0:49:44 | Dawn | Berry | Chelmer Road Runners | 13 | | | | F |
| 163 | 0:50:15 | 0:50:03 | Zoe | Cornwell | | 45 | | | | F |
| 164 | 0:50:18 | 0:49:56 | Craig | Rolfe | | 167 | | | | M |
| 165 | 0:50:23 | 0:50:09 | Christine | Hart | | 91 | | | | F |
| 166 | 0:50:24 | 0:50:10 | Kim | Cureton | | 50 | | | | F |
| 167 | 0:50:25 | 0:50:13 | Claire | Smyth | | 180 | | | | F |
| 168 | 0:50:25 | 0:50:12 | Richard | Mullings | | 143 | | | | M |
| 169 | 0:50:31 | 0:50:22 | Joanne | Watts | | 199 | | | | F |
| 170 | 0:50:31 | 0:50:22 | Vicki | Possee | | 159 | | | | F |
| 171 | 0:50:54 | 0:50:34 | Brian | Collins | Halstead RRC | 38 | | | | M |
| 172 | 0:51:26 | 0:51:13 | Karen | Sweeney | Castle Point Joggers | 185 | | | | F |
| 173 | 0:51:31 | 0:51:11 | Graham | Ogan | Michelles Running Group | 224 | | | | M |
| 174 | 0:51:36 | 0:51:18 | Andy | Hedges | | 98 | | | | M |
| 175 | 0:51:36 | 0:51:18 | Jo | Jopson | MRG | 113 | | | | F |
| 176 | 0:52:04 | 0:51:52 | Stephen | Brame | Springfield Striders RC | 19 | | | | M |
| 177 | 0:52:43 | 0:52:20 | Kresh | Veerassamy | Barking Road Runners | 207 | | | | M |
| 178 | 0:52:53 | 0:52:33 | Melissa | Lowndes | BRR | 127 | | | | F |
| 179 | 0:53:07 | 0:52:46 | Nikki | Cranmer | Barking Road Runners | 49 | | | | F |
| 180 | 0:53:25 | 0:53:13 | Zoe | Di | | 56 | | | | F |
| 181 | 0:55:41 | 0:55:21 | Brendalin | Gabbidon | Ilford AC | 76 | | | | F |
| 182 | 0:55:55 | 0:55:43 | Stephanie | Holmes | | 104 | | | | F |
| 183 | 0:56:35 | 0:56:15 | Lisa | Ward | | 209 | | | | F |
| 184 | 0:57:11 | 0:56:52 | jemma | Hanness | MRG | 88 | | | | F |
| 185 | 0:57:12 | 0:56:52 | emma | oddy | MRG | 145 | | | | F |
| 186 | 0:57:12 | 0:56:56 | Wendy | Bournnell | | 17 | | | | F |
| 187 | 0:57:39 | 0:57:21 | david | hughes | | 106 | | | | M |
| 188 | 0:57:40 | 0:57:25 | Donna | Elwell | MRG | 63 | | | | F |
| 189 | 0:57:41 | 0:57:22 | Claire | Davis | GS Fitness | 52 | | | | F |
| 190 | 0:57:43 | 0:57:28 | Mary | McGrath | MRG | 134 | | | | F |
| 191 | 0:57:56 | 0:57:41 | Eleanor | Owen | MRG | 147 | | | | F |
| 192 | 0:58:03 | 0:57:48 | Jane | Clow | | 37 | | | | F |
| 193 | 0:58:36 | 0:58:21 | Anne | Holdgate | | 103 | | | | F |
| 194 | 0:59:19 | 0:59:04 | Miichael | Ball | Barking Road Runners | 10 | | | | M |
| 195 | 0:59:46 | 0:59:34 | Kirsty | Thorogood | | 191 | | | | F |
| 196 | 0:59:46 | 0:59:35 | Chloe | Forman | | 69 | | | | F |
| 197 | 1:00:31 | 1:00:12 | LOUISE | SUTTON | GS Fitness | 182 | | | | F |
| 198 | 1:04:13 | 1:03:50 | Greg | Adams | Barking Road Runners | 1 | | | | M |
| 199 | 1:04:59 | 1:04:59 | Alison | Fryatt | Barking Road Runners | 74 | | | | F |
| 200 | 1:05:52 | 1:05:35 | Rachel | Cornell | | 44 | | | | F |
| 201 | 1:07:04 | 1:06:57 | Richard | Percy | Grange Farm & Dunmow Runners | 154 | | | | M |
| 202 | 1:10:44 | 1:10:20 | Alan | Murphy | Barking Road Runners | 222 | | | | M |

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|------------|---------|---------|--------|--------|-----|-----|--|--|--|---|
| 203 | 1:10:45 | 1:10:25 | Hayley | Smith | | 215 | | | | F |
| 204 | 1:10:53 | 1:10:34 | Mollie | Reason | MRG | 163 | | | | F |