



BRAINTREE & DISTRICT ATHLETIC CLUB



AAA Award Recipients 2019

U13

AAA	Event	Athlete	Meeting	Location	Date	Results
1	JT400	Jessica Pugh	Derek Crookes Southern U13 Inter County Match	Kingston	27/07/2019	28.57m
2	100	Ella Darwin	East Anglian League	Braintree	21/07/2019	13.70
2	HJ	Roberta Dines	Eastern Young Athletes' League	St. Albans	11/08/2019	1.40m
2	HJ	Jessica Pugh	East Anglian League	Braintree	21/07/2019	1.35m
3	100	Sachiko Smart	Eastern Young Athletes' League	St. Albans	11/08/2019	14.00
3	200	Ella Darwin	Southend-on-Sea Open & Club Championships	Southend	26/08/2019	29.07
3	200	Amelie Hewlett	Eastern Young Athletes' League	Braintree	07/07/2019	29.50
3	800	Amelie Hewlett	East Anglian League	Braintree	21/07/2019	2:34.80
3	800	Sachiko Smart	Eastern Young Athletes' League	St. Albans	11/08/2019	2:35.70
3	800	Jessica Pugh	Eastern Counties AA Combined Events Championships	Peterborough	29/09/2019	2:39.63
3	800	Maggie Bowman	Eastern Young Athletes' League	Braintree	07/07/2019	2:46.00
3	800	Roberta Dines	Essex County Multi Event Championships (inc Open event)	Grays	28/04/2019	2:50.08
3	800	Jessica Seago	Eastern Counties AA Combined Events Championships	Peterborough	29/09/2019	2:56.07
3	800	Violet Gray	Eastern Young Athletes' League	St. Albans	11/08/2019	2:58.40
3	800	Kayleigh Seago	Eastern Counties AA Combined Events Championships	Peterborough	29/09/2019	3:01.79
3	800	Elizabeth McKean	Eastern Young Athletes' League	Braintree	07/07/2019	3:07.30
3	800	Romily Roberts	Eastern Young Athletes' League	Ware	02/06/2019	3:32.60
3	DT0.75K	Jessica Pugh	Southend-on-Sea Open & Club Championships	Southend	26/08/2019	20.03m
3	HJ	Kayleigh Seago	Eastern Counties AA Combined Events Championships	Peterborough	29/09/2019	1.32m
3	Pen	Jessica Pugh	Eastern Counties AA Combined Events Championships	Peterborough	29/09/2019	1975
3	SP3K	Ronnie Williams	Eastern Young Athletes' League	Braintree	07/07/2019	8.39m
4	100	Amelie Hewlett	East Anglian League	Luton	23/06/2019	14.30
4	100	Roberta Dines	Southend-on-Sea Open & Club Championships	Southend	26/08/2019	14.53
4	100	Jessica Eggleton	Eastern Young Athletes' League	Braintree	07/07/2019	14.60
4	100	Abigail Crisp	East Anglian League	Ipswich	04/08/2019	14.60
4	200	Jack Stiff	East Anglian League	Braintree	21/07/2019	29.00
4	60i	Abigail Crisp	London U13 / U15 / U17 Games	Lee Valley	26/01/2020	8.99
4	60i	Mya Thomas	Essex County & Eastern AA Championships	Lee Valley	09/02/2020	9.07
4	60i	Elena Peralta-Simmons	Lee Valley December Open	Lee Valley	01/12/2019	9.09
4	70H	Natalie Pepper	East Anglian League	Braintree	21/07/2019	12.70



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4	70H	Jessica Pugh	Essex County Championships	Chelmsford	11/05/2019	12.77
4	70H	Kayleigh Seago	East Anglian League	Ipswich	04/08/2019	12.90
4	70H	Elena Peralta-Simmons	Eastern Young Athletes' League	Braintree	07/07/2019	13.20
4	70H	Roberta Dines	Eastern Young Athletes' League	St. Albans	11/08/2019	13.30
4	HJ	Romily Roberts	Eastern Young Athletes' League	Ware	02/06/2019	1.28m
4	JT400	Lincoln Green	Eastern Young Athletes' League	St. Albans	11/08/2019	23.68m
4	JT400	Violet Gray	East Anglian League	Ipswich	04/08/2019	16.53m
4	LJ	Ayomiposi Odupitan	Eastern Young Athletes' League	St. Albans	04/05/2019	4.34m
4	LJ	Harry Root	East Anglian League	Braintree	21/07/2019	4.23m
4	LJ	Roberta Dines	Southend-on-Sea Open & Club Championships	Southend	26/08/2019	4.04m
4	Pen	Roberta Dines	Essex County Multi Event Championships (inc Open event)	Grays	28/04/2019	1794
4	SP2.72K	Roberta Dines	Eastern Young Athletes' League	Stevenage	07/07/2019	6.59m



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U15

AAA	Event	Athlete	Meeting	Location	Date	Results
1	100	Karis Thomas	Essex County Schools Championships	Chelmsford	08/06/2019	12.67
2	100	Thomas Martin	Essex County Championships	Chelmsford	11/05/2019	11.87
2	200	Thomas Martin	East Anglian League	Braintree	21/07/2019	24.50
2	200	Kai Louden	Eastern Young Athletes' League	St. Albans	11/08/2019	25.90
2	200	Karis Thomas	Eastern Young Athletes' League	St. Albans	11/08/2019	26.40
2	200	James Richardson	East Anglian League Final	Bury St Edmunds	08/09/2019	27.30
2	200	Callum Law	Eastern Young Athletes' League	St. Albans	11/08/2019	27.50
2	200	Olamide Odupitan	Eastern Young Athletes' League	Braintree	07/07/2019	27.90
2	200	Lennon McKenzie	Eastern Young Athletes' League	Ware	02/06/2019	30.10
2	60i	Cara Duncan	England Athletics U15 / U17 / U20 Championships	Sheffield	22/02/2020	8.21
2	800	Teegan Rayner	East Anglian League	Braintree	21/07/2019	2:21.50
3	1500	Sadie Frater-White	Essex County Championships	Chelmsford	11/05/2019	5:00.01
3	300	Sadie Frater-White	Eastern Young Athletes' League	St. Albans	11/08/2019	43.60
3	75H	Ferne Farmer	Eastern Young Athletes' League	Braintree	07/07/2019	12.40
3	800	Sadie Frater-White	East Anglian League	Braintree	21/07/2019	2:23.00
3	LJ	Isabel Wadley	National Preparatory Schools Championships	Birmingham	01/07/2019	4.94m
4	100	Kai Louden	East Anglian League	Bury St Edmunds	26/05/2019	12.30
4	100	Cara Duncan	East Anglian League	Bury St Edmunds	26/05/2019	13.20
4	1500	Teegan Rayner	Eastern Young Athletes' League	Ware	02/06/2019	5:06.00
4	1500	Rose Sheppard	East Anglian League	Braintree	21/07/2019	5:13.10
4	200	Cara Duncan	Eastern Young Athletes' League	Braintree	07/07/2019	27.40
4	300	Cara Duncan	East Anglian League	Braintree	21/07/2019	44.90
4	300	Amelie Mason	East Anglian League	Braintree	21/07/2019	45.30
4	HJ	Burgess Holden	Eastern Young Athletes' League	Braintree	07/07/2019	1.55m
4	LJ	Amelie Mason	East Anglian League	Braintree	21/07/2019	4.60m
4	SP3K	Teegan Rayner	East Anglian League	Braintree	21/07/2019	8.75m
4	SP3K	Emily Newman	Eastern Young Athletes' League	Braintree	07/07/2019	8.06m



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AAA Award Recipients 2019

U17

AAA	Event	Athlete	Meeting	Location	Date	Results
1	100	Leah Duncan	Essex County Championships	Chelmsford	11/05/2019	12.38
1	100H	Ruben Hedman	UK Youth Development U17/U20 League Division South 1A	Brighton	28/07/2019	13.80
1	400H	Jude Thorne	Eight Counties U17 Inter Counties Championships	Chelmsford	21/07/2019	56.28
1	60Hi	Ruben Hedman	London U13 / U15 / U17 Games	Lee Valley	26/01/2020	8.29
2	400	Jude Thorne	English Schools' Combined Events & Race Walking Championships	Exeter	21/09/2019	51.60
2	800	Jude Thorne	East Anglian League Final	Bury St Edmunds	08/09/2019	1:58.90
3	100	Gabriel Mason	East Anglian League	Bury St Edmunds	26/05/2019	11.50
3	100	Sophie Mayor	Essex County Schools Championships	Chelmsford	08/06/2019	12.79
3	1500	Jude Thorne	English Schools' Combined Events & Race Walking Championships	Exeter	21/09/2019	4:12.20
3	1500SC	Jude Thorne	Eight Counties U17 Inter Counties Championships	Chelmsford	21/07/2019	4:43.12
3	200	Gabriel Mason	Eastern Young Athletes' League	St. Albans	11/08/2019	23.30
3	LJ	Jude Thorne	English Schools' Combined Events & Race Walking Championships	Exeter	21/09/2019	5.97m
3	Oct	Jude Thorne	English Schools' Combined Events & Race Walking Championships	Exeter	21/09/2019	4482
4	100	Edward Brown	East Anglian League	Bury St Edmunds	26/05/2019	11.60
4	100	Ruben Hedman	East Anglian League	Bury St Edmunds	26/05/2019	11.80
4	100H	Jude Thorne	English Schools' Combined Events & Race Walking Championships	Exeter	21/09/2019	15.30
4	1500	Karamadin Adam	East Anglian League	Braintree	21/07/2019	4:22.80
4	1500	Finley Budden	Eastern Young Athletes' League	Braintree	07/07/2019	4:33.10
4	1500	William Ferguson	East Anglian League	Braintree	21/07/2019	4:49.40
4	1500	Haydn Hawkins	East Anglian League	Braintree	21/07/2019	5:05.70
4	200	Edward Brown	Essex County Championships	Chelmsford	11/05/2019	23.74
4	200	Sophie Mayor	Eastern Young Athletes' League	St. Albans	11/08/2019	27.00
4	200	Elisha Elliston	East Anglian League	Bury St Edmunds	26/05/2019	27.00
4	400	Gabriel Mason	East Anglian League Final	Bury St Edmunds	08/09/2019	53.30
4	LJ	Sophie Mayor	East Anglian League	Bury St Edmunds	26/05/2019	4.95m



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AAA Award Recipients 2019

U20

AAA	Event	Athlete	Meeting	Location	Date	Results
1	100	Eve Wright	New Balance ESAA English Schools' Championships	Birmingham	12/07/2019	11.96
1	TJ	Holly Field	Senior 8 Counties Inter County Match	Ashford	14/07/2019	0.00m
2	JT600	Daisy Partridge	Southern Athletics League Division 3N	Lee Valley	15/06/2019	37.99m
2	LJ	Emily Quinn	Essex County Championships	Chelmsford	11/05/2019	5.59m
3	400	Adam Reid	Essex County Championships	Chelmsford	11/05/2019	50.82

U23

AAA	Event	Athlete	Meeting	Location	Date	Results
2	200	Lewis Thorn	East Anglian League Final	Bury St Edmunds	08/09/2019	21.70
2	400	Lewis Thorn	Newham & Essex Beagles August Open	Newham	11/08/2019	49.01
3	100	Lewis Thorn	East Anglian League	Bury St Edmunds	26/05/2019	11.00
3	TJ	Ryan Morgan	Oxford University v Cambridge University Inter Varsity Meeting	Cambridge	18/05/2019	13.64m

SEN

AAA	Event	Athlete	Meeting	Location	Date	Results
3	400	Charlie Shingleton	Medway & Maidstone AC Open	Gillingham	28/04/2019	49.81