



BRAINTREE & DISTRICT ATHLETIC CLUB



AAA Award Recipients 2018

U13

AAA	Event	Athlete	Meeting	Location	Date	Results
1	60i	Cara Duncan	Lee Valley December Open	Lee Valley	02/12/2018	8.54
2	100	Cara Duncan	Essex County Schools U13 Championships	Chelmsford	04/07/2018	13.70
2	200	Isabel Wadley	Eastern Young Athletes' League	Braintree	08/07/2018	28.70
2	200	Cara Duncan	Essex County Championships	Chelmsford	12/05/2018	28.81
2	DT1K	Wyatt Larkins	East Anglian League	Braintree	12/08/2018	22.39m
3	1500	Tom Wood	Essex County Schools U13 Championships	Chelmsford	04/07/2018	4:55.10
3	1500	Oliver Prince	Eastern Young Athletes' League	Braintree	08/07/2018	5:00.40
3	800	Gaby Bilbie	Watford Open Graded Meeting	Watford	11/07/2018	2:31.54
3	JT400	Jessica Pugh	Southend-on-Sea AC Open	Southend	27/08/2018	20.78m
3	LJ	Isabel Wadley	National Preparatory Schools Championships	Birmingham	03/07/2018	4.29m
4	100	Isabel Wadley	East Anglian League	Luton	22/07/2018	14.20
4	1500	Alastair Moscuza	Eastern Young Athletes' League	Grays	06/05/2018	5:11.80
4	200	James Richardson	Eastern Young Athletes' League	Bedford	05/08/2018	29.10
4	200	Gaby Bilbie	Eastern Young Athletes' League	Braintree	08/07/2018	30.20
4	70H	Evie Wilson	East Anglian League	Braintree	12/08/2018	13.00
4	70H	Rosie Dickason	Eastern Young Athletes' League	Braintree	08/07/2018	13.30
4	75H	Oliver Prince	East Anglian League Final	Bury St Edmunds	16/09/2018	15.00
4	800	Lewis Somaroo	Eastern Young Athletes' League	Braintree	08/07/2018	2:30.50
4	800	Alastair Moscuza	Eastern Young Athletes' League	Braintree	08/07/2018	2:32.90
4	HJ	Cara Duncan	Eastern Young Athletes' League	Basildon	03/06/2018	1.25m
4	LJ	Harry Root	East Anglian League Final	Bury St Edmunds	16/09/2018	4.16m
4	LJ	Cara Duncan	Eastern Young Athletes' League	Stevenage	15/04/2018	4.01m
4	LJ	Gaby Bilbie	Essex County Championships	Chelmsford	12/05/2018	3.98m
4	LJ	Maisy Clark	Essex County Schools U13 Championships	Chelmsford	04/07/2018	3.95m
4	SP2.72K	Emily Newman	Eastern Young Athletes' League	Braintree	08/07/2018	6.99m



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U15

AAA	Event	Athlete	Meeting	Location	Date	Results
1	60i	Thomas Martin	Essex County & Eastern AA Championships	Lee Valley	02/02/2019	7.59
1	60i	Karis Thomas	England Athletics U15 / U17 / U20 Championships	Sheffield	24/02/2019	8.14
1	80H	Ruben Hedman	Eastern Championships	Peterborough	30/06/2018	11.15
1	JT500	Lily Brand	Essex County Championships	Chelmsford	12/05/2018	34.53m
1	LJ	Amelie Mason	Eastern Young Athletes' League	Stevenage	15/04/2018	0.00m
2	1500	Finley Budden	Essex County Schools Championships	Chelmsford	09/06/2018	4:26.09
2	1500	Sadie Frater-White	Essex County Schools Championships	Chelmsford	09/06/2018	4:50.70
2	SP3K	Lily Brand	Southend-on-Sea AC Open	Southend	27/08/2018	9.92m
2	SP3K	Rosie Field	Essex County Schools Championships	Chelmsford	09/06/2018	9.63m
3	100	Elisha Elliston	Eastern Young Athletes' League	Braintree	08/07/2018	13.00
3	100	Karis Thomas	East Anglian League Final	Bury St Edmunds	16/09/2018	13.10
3	60i	Cara Duncan	Essex County & Eastern AA Championships	Lee Valley	02/02/2019	8.48
3	HJ	Ruben Hedman	East Anglian League	Braintree	12/08/2018	1.60m
4	100	Thomas Martin	Eastern Young Athletes' League	Braintree	08/07/2018	12.50
4	100	Rosie Field	Eastern Young Athletes' League	Stevenage	15/04/2018	13.50
4	100	Zarah Okakah	Eastern Young Athletes' League	Stevenage	15/04/2018	13.50
4	200	Thomas Martin	Eastern Young Athletes' League	Braintree	08/07/2018	25.10
4	200	Ruben Hedman	Eastern Young Athletes' League	Bedford	05/08/2018	25.40
4	200	Karis Thomas	Eastern Young Athletes' League	Braintree	08/07/2018	27.30
4	200	Elisha Elliston	Essex County Schools Championships	Chelmsford	09/06/2018	27.61
4	200	Rosie Field	East Anglian League	Peterborough	22/04/2018	28.00
4	75H	Ferne Farmer	Eastern Young Athletes' League	Braintree	08/07/2018	12.70
4	800	Sadie Frater-White	Essex County Championships	Chelmsford	12/05/2018	2:27.23
4	800	Teegan Rayner	East Anglian League	Luton	22/07/2018	2:27.60
4	LJ	Ruben Hedman	Essex Schools Combined Events Championships	Brentwood	23/05/2018	5.02m
4	SP3K	Teegan Rayner	East Anglian League	Braintree	12/08/2018	8.19m



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AAA Award Recipients 2018

U17

AAA	Event	Athlete	Meeting	Location	Date	Results
1	100	Leah Duncan	Essex County Schools Championships	Chelmsford	09/06/2018	12.08
1	200	Leah Duncan	East Anglian League	Peterborough	22/04/2018	25.20
1	60i	Leah Duncan	South of England AA U15 / U17 Championships	Lee Valley	12/01/2019	7.78
2	100	Edward Brown	Eastern Young Athletes' League	Basildon	03/06/2018	11.30
2	100	Eve Wright	East Anglian League	Peterborough	22/04/2018	12.40
2	100	Sophie Mayor	Eastern Counties AA Championships	Peterborough	30/06/2018	12.54
2	400	Adam Reid	East Anglian League	Peterborough	22/04/2018	51.90
2	HT3K	Josephine Larkins	East Anglian League	Braintree	12/08/2018	46.50m
3	200	Edward Brown	Lee Valley Sprint Open Series	Lee Valley	06/06/2018	23.38
3	200	Freddie Martin	Essex County Schools Championships	Chelmsford	09/06/2018	23.38
3	60Hi	Ruben Hedman	England Athletics U15 / U17 / U20 Championships	Sheffield	24/02/2019	8.44
3	60i	Sophie Mayor	Essex County & Eastern AA Championships	Lee Valley	02/02/2019	8.05
3	800	Jude Thorne	South of England AA U15 / U17 Championships	Lee Valley	11/08/2018	2:01.10
3	LJ	Emily Quinn	East Anglian League Final	Bury St Edmunds	16/09/2018	5.22m
3	LJ	Hannah Smith	East Anglian League	Luton	22/07/2018	5.22m
3	SP3K	Holly Field	Eastern Young Athletes' League	Grays	06/05/2018	10.52m
3	TJ	Holly Field	Essex County Schools Championships	Chelmsford	09/06/2018	10.25m
4	100	Adam Reid	Eastern Young Athletes' League	Stevenage	15/04/2018	11.80
4	100	Amber Whitehorne	Eastern Young Athletes' League	Bedford	05/08/2018	12.90
4	100	Emily Quinn	East Anglian League	Luton	22/07/2018	13.00
4	100H	Nathaniel Downes	Eastern Young Athletes' League	Basildon	03/06/2018	15.10
4	1500	Jude Thorne	English Schools' Combined Events & Race Walking Championships	Bedford	15/09/2018	4:26.07
4	200	Adam Reid	Essex County Championships	Chelmsford	12/05/2018	23.70
4	400	Jude Thorne	Essex County Championships	Chelmsford	12/05/2018	53.37
4	400	Freddie Martin	Essex County Championships	Chelmsford	12/05/2018	53.56
4	400H	Jude Thorne	Eastern Counties AA Championships	Peterborough	30/06/2018	1:00.07
4	60i	Edward Brown	Essex County & Eastern AA Championships	Lee Valley	02/02/2019	7.39
4	80H	Hannah Smith	East Anglian League	Braintree	12/08/2018	12.60
4	80H	Kate Sheppard	Eastern Young Athletes' League	Braintree	08/07/2018	12.70
4	DT1.5K	Jude Thorne	English Schools' Combined Events & Race Walking Championships	Bedford	15/09/2018	28.43m
4	DT1K	Josephine Larkins	East Anglian League	Braintree	12/08/2018	25.91m



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4	DT1K	Esther Wilkins	ISA National Championships	Birmingham	19/06/2018	25.15m
4	HT3K	Emily Holloway	Eastern Young Athletes' League	Braintree	08/07/2018	29.51m
4	LJ	Jude Thorne	East Anglian League	Luton	17/06/2018	5.65m
4	LJ	Adam Pleasance	Eastern Young Athletes' League	Braintree	08/07/2018	5.64m
4	LJ	Amber Whitehorne	East Anglian League	Braintree	12/08/2018	5.02m
4	LJ	Sophie Mayor	Eastern Young Athletes' League	Grays	06/05/2018	4.92m
4	LJ	Kate Sheppard	Essex County Schools Championships	Chelmsford	09/06/2018	4.88m
4	Oct	Jude Thorne	English Schools' Combined Events & Race Walking Championships	Bedford	15/09/2018	4046
4	TJ	Abigail Barnes	East Anglian League	Braintree	12/08/2018	9.63m
4	TJ	Cosette Wootton	Eastern Young Athletes' League	Braintree	08/07/2018	9.54m

U20

AAA	Event	Athlete	Meeting	Location	Date	Results
1	60i	Eve Wright	England Athletics U15 / U17 / U20 Championships	Sheffield	24/02/2019	7.73
2	60i	Freddie Martin	Newham & Essex Beagles 60m Sprint Series	Newham	16/01/2019	7.06
2	JT800	Jonah Carter	East Anglian League Final	Bury St Edmunds	16/09/2018	54.26m
3	JT600	Daisy Partridge	East Anglian League Final	Bury St Edmunds	16/09/2018	35.01m
3	TJ	Ryan Morgan	East Anglian League Final	Bury St Edmunds	16/09/2018	13.23m

U23

AAA	Event	Athlete	Meeting	Location	Date	Results
1	HT4K	Megan Larkins	East Anglian League Final	Bury St Edmunds	16/09/2018	57.90m
2	DT1K	Megan Larkins	East Anglian League Final	Bury St Edmunds	16/09/2018	38.07m
3	400	Charlie Shingleton	British Athletics League Division 3	Chelmsford	02/06/2018	49.66
3	400	Lewis Thorn	British Athletics League Division 3	Chelmsford	02/06/2018	49.72
3	SP4K	Megan Larkins	Southern Athletics League Division 3N	Braintree	14/07/2018	11.07m



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SEN

AAA	Event	Athlete	Meeting	Location	Date	Results
2	JT800	Jonathan Harvey	Southern Athletics League Division 3N	Perivale	20/05/2018	54.32m
3	400	Charlie Shingleton	BAL	Chelmsford	02/06/2018	49.66